

STORY TIME



Story Time Adventures

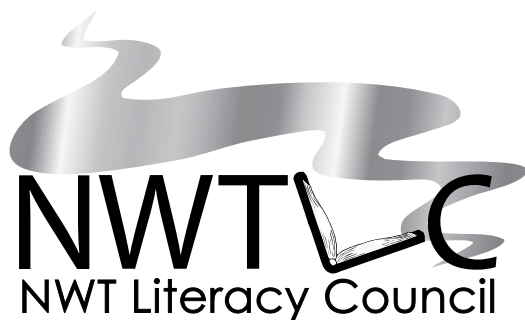
Acknowledgements

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Contact the NWT Literacy Council to get copies of this resource. You can also download it from our website.

With thanks to Kathryn Barry Paddock and Jill Vaydik of the NWT Literacy Council. Illustrations by Myka Jones Design.



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Story Time Adventures

Introduction

A centre-based literacy program

Story Time Adventures is a thematic program for preschool children. It includes a book, craft, suggested rhymes and other activities. A child development centre, or Aboriginal Head Start program may do these activities in an afternoon or morning session. Family Literacy programs may also use them.

Ten Story Time Adventures are included in this resource binder. You may use them once in a while, or use one every week for a 10 week period. Children learn many different things when they are allowed to explore and be creative. Reading stories and asking their opinions will help with language development. Crafts will assist with their fine motor and cognitive development. Working together in circle time and craft time will also enhance their social development. They will learn to take turns and share with their classmates.

When you plan a Story Time Adventure for your group, incorporate circle time, free play and outdoors time as well. Many activities are included in each session, so you may spread out the activities over a few days, or you can use just one activity, or use the activities with other books.

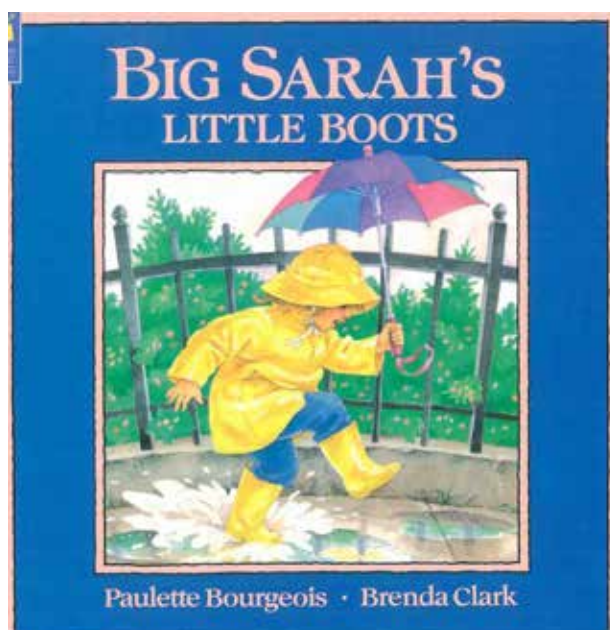
Story Time Adventures

Please feel free to add your own ideas and crafts to what is available in the kit. These ideas are only the beginning! Any book can become a Story Time Adventure. Think about the theme of your book and choose crafts, songs and rhymes to go along with it. Craft books and the internet are great sources of ideas.

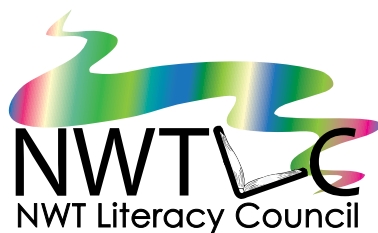


Big Sarah's Little Boots

by
Paulette Bourgeois



Story Time Adventures Program



Story Time Adventures

Session Plan

1) Begin the session with circle time.

- Sing a welcome song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the rain poems on the following pages.

2) Read the story

3) Snack time

4) Craft time

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Eensy Weensy Spider

The eensy weensy spider went up the water spout
Down came the rain and washed the spider out
Out came the sun and dried up all the rain
And the eensy weensy spider went up the spout again



It's Raining

It's raining, it's pouring
The old man is snoring
He bumped his head and went to bed
And couldn't get up in the morning

Rain

Rain on the green grass
Rain on the tree
Rain on the housetop
But not on me!



Rain, Rain, Go Away

Rain, rain, go away
Come again another day
Little children want to play
Rain, rain, go away!

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Raindrop Song

If all the raindrops were lemon drops and gum drops

Oh what a rain that would be!

Standing outside with my mouth open wide

ah-ah-ah-ah ah-ah-ah ah-ah-ah

If all the raindrops were lemon drops and gum drops

Oh what a rain that would be!

If all the snowflakes were chocolate bars and milkshakes

Oh what a snow that would be!

Standing outside with my mouth open wide

ah-ah-ah-ah ah-ah-ah ah-ah-ah

If all the snowflakes were chocolate bars and milkshakes

Oh what a snow that would be!

Dr. Foster

Dr. Foster went to Gloucester

All in a shower of rain

He stepped in a puddle

Right up to his middle

And never went there again



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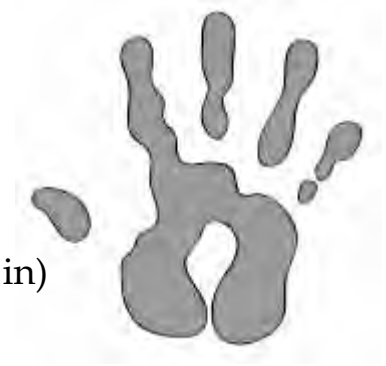
Growing Projects

Sarah's feet grew so big that they didn't fit into her boots anymore. Here are some projects to keep track of how big the children are growing.

Hand Prints

You will need:

- Poster or tempera paint
- A clean styrofoam tray (the kind that meat comes in)
- Several sheets of thick, heavy paper
- An old shirt or painting smock
- A bucket or sink full of warm, soapy water for washing



- 1) Mix up the paint, and pour a thin layer into the styrofoam tray.
- 2) Lay the paper out on a flat surface. You may want to cover the surface with old newspaper first.
- 3) Have the children press their hands into the paint, and then onto the paper to leave a handprint. Younger children may need help. Experiment with different colours and amounts of paint.
- 4) Let the prints dry. Be sure to write the date on the back.

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- 5) Try this activity again in a couple of months, and see if the children's hands are any bigger!

Hand prints are a great item to make for family members. They also make nice cards for parents, aunts, uncles and grandparents.

Try making footprints. This works best if you have a place in your centre with linoleum floors and a nearby sink. If not, you can wait until summer and do it outside on the sidewalk or grass; just remember to take a towel and bucket of soapy water with you for cleaning up. Be sure to hold the children's hands as they make footprints, as the paint can be very slippery.

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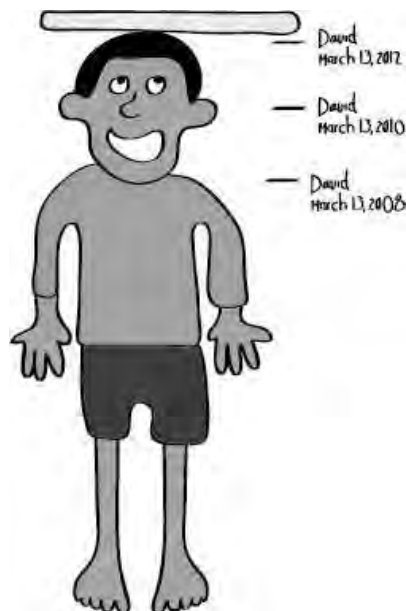
Photocopied Hands

It's a lot of fun to make photocopies of children's hands at different ages. If your centre does not have a photocopier, the local library or school may have one you can use.

Photocopied hands are another great item to put in a baby book or send to a relative.

Growth Chart

Children love to see how much they have grown. You can make or buy a growth chart, or simply keep track of the children's height by making pencil marks on the wall. Place a book on top of a child's head and make a pencil mark where it touches the chart or wall. Be sure to write down the date, and their name.

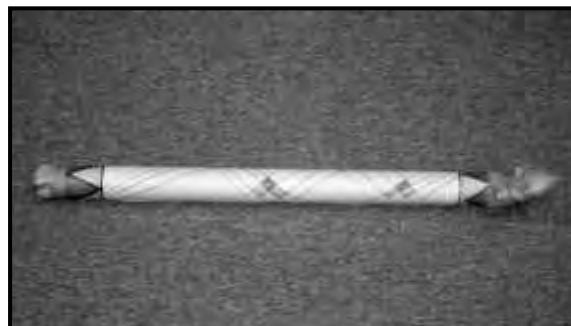


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Make a Rain Stick

You will need:

- A paper towel or wrapping paper tube
- About 10 pipe cleaners
- An egg carton
- Tape
- Markers
- Uncooked rice, beans, lentils or popcorn (1/4 -1/2 a cup)



- 1) Decorate the paper tube with markers.
- 2) Cut one cup out of the egg carton. Use it to cover one end of the tube. Tape it in place.
- 3) Twist the pipe cleaners together at the ends to make a long string. Coil them so that they fit into the tube. This will slow the rice down and make a nicer sound.
- 4) Pour the rice or beans into the tube. Tape another egg cup over the end.
- 5) Turn your rain stick over to hear a raining sound. You can decorate the outside with string, feathers or whatever you want.

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Plaster Hands

You will need:

- A paper plate
- A paper clip
- Paint or food colouring
- Casting plaster
(available at hardware stores)



- 1) Add water to the plaster gradually until it is moistened but still stiff. Add paint or food coloring if you wish.



- 2) Pour the plaster into the paper plate. Stick the paper clip into the plaster, making a hook for the cast to hang on.



- 3) Have the children press a hand carefully into the plaster to make a print.



- 4) If you want, you can also stick other small items, such as rocks, shells or pinecones into the plaster.



- 5) Allow the plaster to dry overnight. Remove the paper plate (you may have to tear it off).
- 6) You can decorate the finished hand with paint if you wish. Remember to write the date and name on the back.

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Salt Dough

If you cannot find casting plaster where you live, try using salt dough and baking it (your print will be less detailed, but will still show the size of the hands). Instead of pouring the dough into a paper plate, roll it out into a circle about 1 cm thick and make your handprints. Cook it on a baking sheet covered in tinfoil.

You will need:

- 1 cup salt
- 1 cup flour
- ½ cup water



- 1) Mix the flour and salt together in a large bowl. Add the water gradually, stirring.



- 2) Knead until the dough is smooth and elastic.



- 3) Have the children press a hand carefully into the dough to make a print.



- 4) Once you have finished sculpting, bake for about 2 hours at 200 degrees, or until the dough feels hard and dry.

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Put the Story in Order

Cut these strip along the dotted lines. Arrange them in the order of the story. Glue the strips to another piece of paper.



Sarah gives her boots to Matthew.



Sarah fills her boots with rocks.



Sarah can jump right over puddles.



Sarah ties her boot to her bike.



Sarah, Matthew and their mom go to the shoe store.



Sarah gives her boots to the dog.



Sarah plants her boots in the garden.

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Directions:

- 1) Copy the previous page and glue onto light cardboard (like a cereal box).
- 2) Cut out each strip.
- 3) Have the children sit in a circle and put the strips in the middle on the floor.

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Gardening Projects

When Sarah planted her boots in the garden, they wouldn't grow at all. Here are some easy projects that will produce better results.



* Try growing carrot, lettuce or wildflower seeds in a pot, small garden or cold frame. Even very young children will like digging in the dirt, watering and watching plants grow. These plants are fairly tough and do not need much looking after.

* Try planting sunflower seeds or a similar plant that grows straight and tall. Plant one for each child. Measure your plants every couple of days to see whose is tallest.



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Indoor Projects

Even if it's cold or you don't have an outdoor place to garden, you can still have fun growing things. Here are some simple projects you can do inside.

- ★ Grow bean sprouts. Wrap a moist paper towel around the inside of a glass jar with a lid. Stick some bean seeds between the wall of the jar and the paper towel. Add a bit of water every day.



- ★ Grow an avocado plant. Take the pit from an avocado and stick four toothpicks into it. Rest the toothpicks on the rim of a glass of water, so that the bottom of the pit is touching the water.
- ★ Spoon some dirt into each of the cups of an egg carton and plant some alfalfa seeds in each. Water your carton every day with a spray bottle.
- ★ Try planting the seeds of other uncooked fruits and vegetables (try oranges, peppers or apples) in a small pot of dirt. Wait and see what happens.

- ★ For a simple yet satisfying gardening project that anyone can do, try growing carrot tops. Place the tops in a shallow dish of water on a windowsill and watch them grow!



Drawing and Colouring

Draw a fancy umbrella for Sarah to use when she plays in the rain.



Colour Sarah's Boots

Sarah's favourite boots are shiny and yellow. If you could have any kind of boots you wanted, what would they look like?



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Favourites

My name is _____.

My favourite colour is _____.

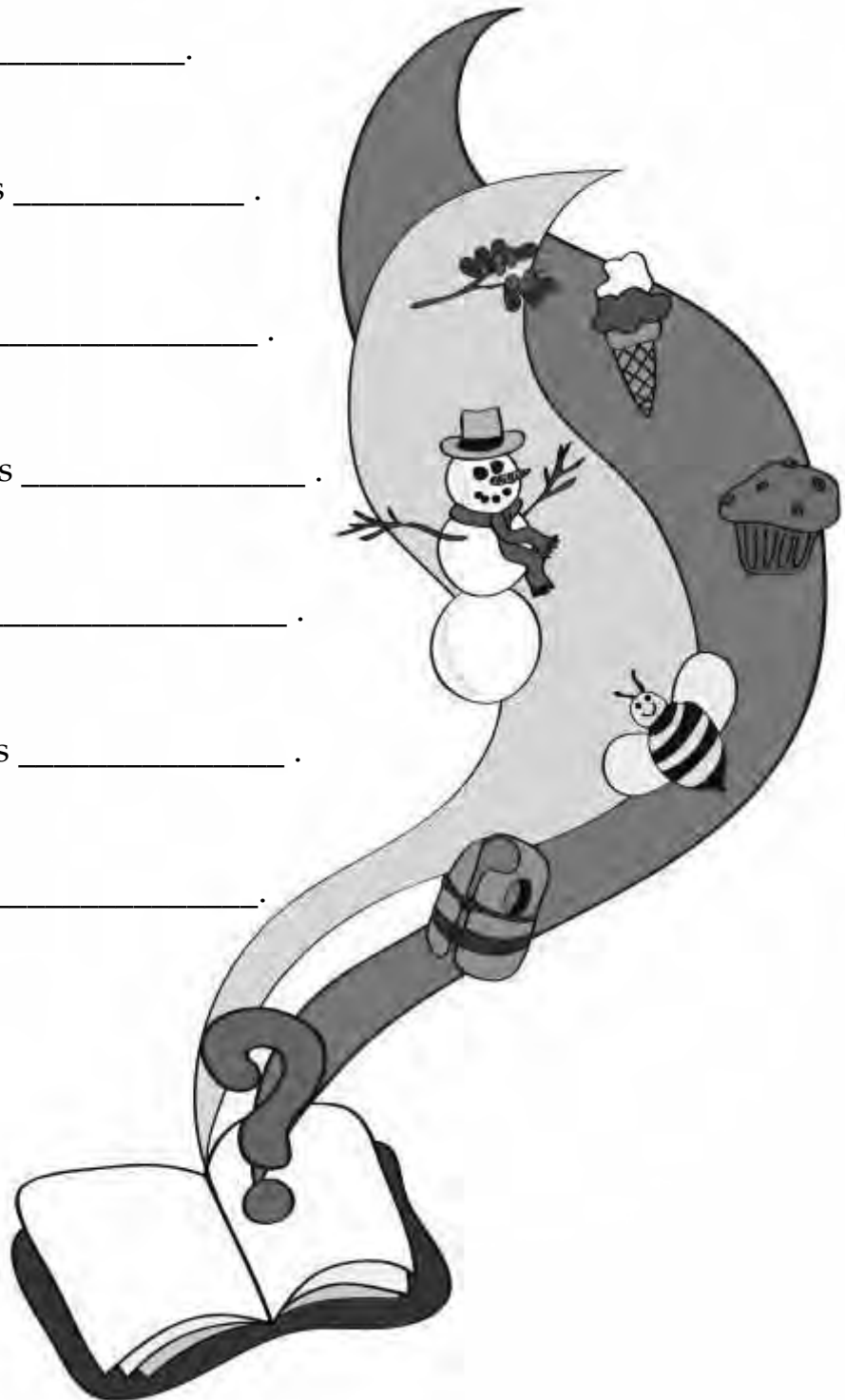
My favourite book is _____.

My favourite animal is _____.

My favourite food is _____.

My favourite season is _____.

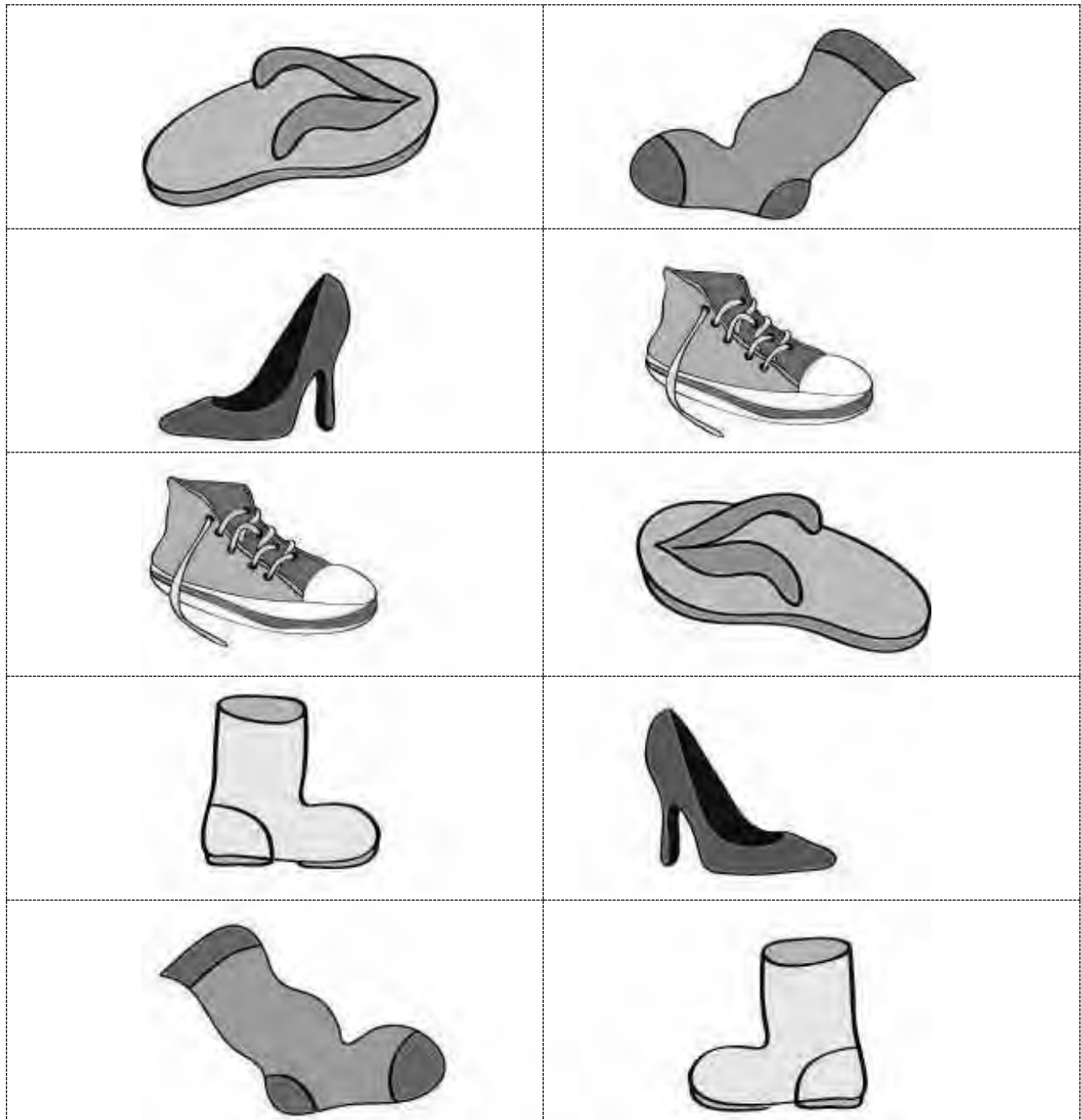
My favourite book is _____.



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Mix Up

These boots, shoes and socks are all mixed up. Copy this page and glue onto light cardboard. Cut the pictures out and sort them back into pairs.

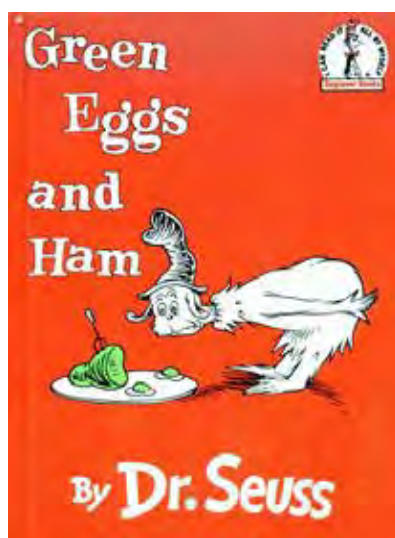


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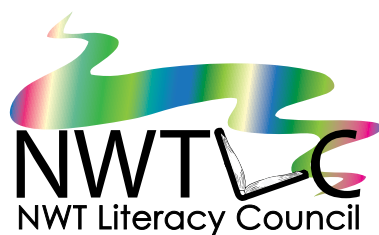
Green Eggs and Ham

by
Dr. Seuss

Green Eggs and Ham
by Dr. Seuss



Story Time Adventures Program



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Session Plan

1) Begin the session with circle time.

- Sing a welcome song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions.

2) Read the story

3) Snack time

4) Craft time



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Play Dough

Try making green eggs and ham out of play dough. When you're finished, you can use the dough to make anything you want. Dishes and kitchen utensils (i.e. cookie cutters, rolling pins, garlic presses) are a lot of fun to use with play dough.

You will need:

- 1/4 cup salt
- 1 cup flour
- 2 tablespoons cream of tartar
- 1 tablespoon oil
- 1 cup of boiling water
- 1 package of unsweetened lime kool aid ©

- 1) Mix the flour, salt and cream of tartar in a medium bowl.
- 2) (Adult) Dissolve the kool aid © in boiling water.
- 3) Add the boiling water and oil to dry ingredients.
- 4) Stir the mixture for three to five minutes.
- 5) When mixture forms a ball and is cool enough to handle, place it on a flat surface and knead until it is smooth.
- 6) Put the play dough in a plastic bag and refrigerate.

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Likes and Dislikes Book

In *Green Eggs and Ham*, Sam's friend thinks he doesn't like green eggs and ham, but changes his mind. Each child can make a book all about her likes and dislikes. You can save it and see if she feels the same way in 6 months or a year.

You will need:

- A blank book*
- Markers and crayons
- Old magazines
- Glue

1) Divide the book into 2 sections, one for likes and one for dislikes.

💡 For a special 2-way book, decorate the front cover with one title (for example: *Things Jane Likes*). Then, turn the book over and upside down and make a 2nd cover on the back (for example: *Things Jane Doesn't Like*). You can read the book one way and then turn it over and around for a completely different book.

2) Have each child cut pictures from old magazines of things she likes and doesn't like, or draw them.

3) Each child can then glue the pictures into the book.

4) Older children can label the pictures themselves. Younger children will

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need an adult to do the writing, but may be able to come up with some of the letters themselves.

- 5) Think of a title for the book. Each child can decorate the covers however she likes.

*An adult can make a quick book from the instructions on the next page, or check out the NWT Literacy Council's How to Kit on book making for more ideas. If you're short on time, just staple some sheets of note paper together or use a blank notebook.

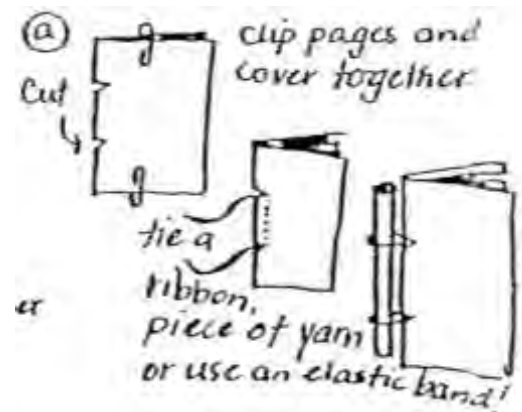
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How to Make a Quick Book

You will need:

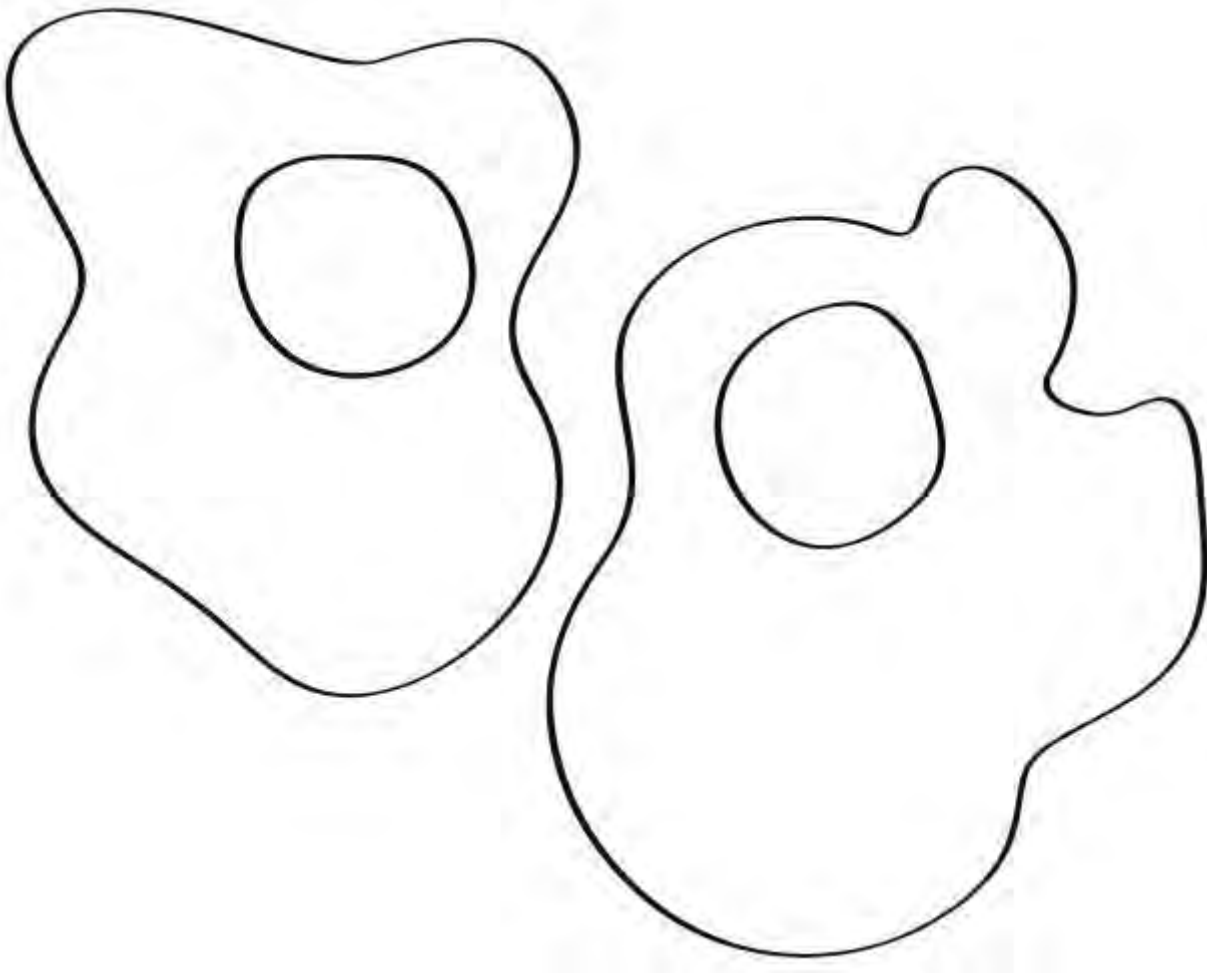
- 8 ½ x 11 paper (4 or 5 sheets)
- Construction paper (optional) or another nice paper for the cover
- A paper clip
- Scissors
- Ribbon or yarn or an elastic band
- A drinking straw or piece of wood (twig) or a coffee stir stick

- 1) Fold blank 8 ½ X 11-inch paper in half to make the inside of the book.
- 2) Make a cover out of construction paper and fold as you did for the inside of the book.
- 3) Put the cover and pages together and use a paper clip to keep them together.
- 4) Cut two notches out of the folded side of the book.
- 5) Thread a piece of ribbon, a piece of yarn, or an elastic band through the pages and tie it around the stick.



Drawing and Colouring

Colour these eggs any colour you want. Draw a plate for them to sit on.

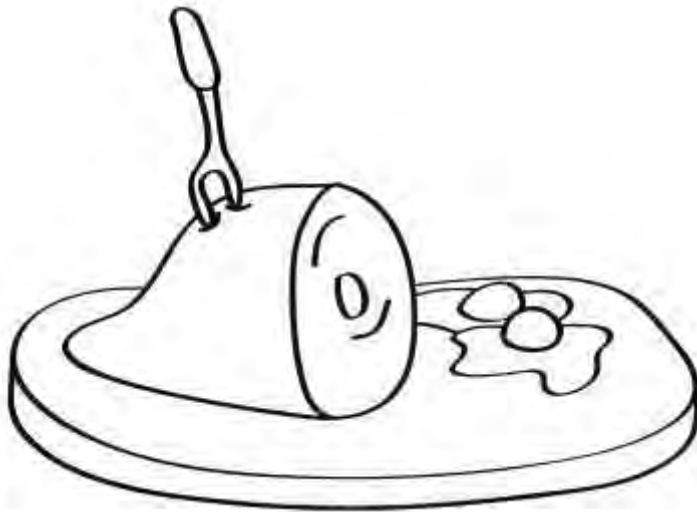


Drawing and Colouring



Drawing and Colouring

Where would you eat green eggs and ham? Draw a picture.



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Rhymes

You can think of lots of other places to try green eggs and ham. Try completing these sentences with rhyming words. (You can do this in circle time, with all of the children making up sentences and with an adult writing.)

Example:

Would you like them at the park?

Would you like them with a shark, in the dark ?

Would you like them with a cat?

Would you like them _____?

Would you eat them at the pool?

Would you eat them _____?

Would you eat them in a tree?

Would you eat them _____?

I would not eat them on a hike.

I would not eat them _____.

I would not eat them with some jam.

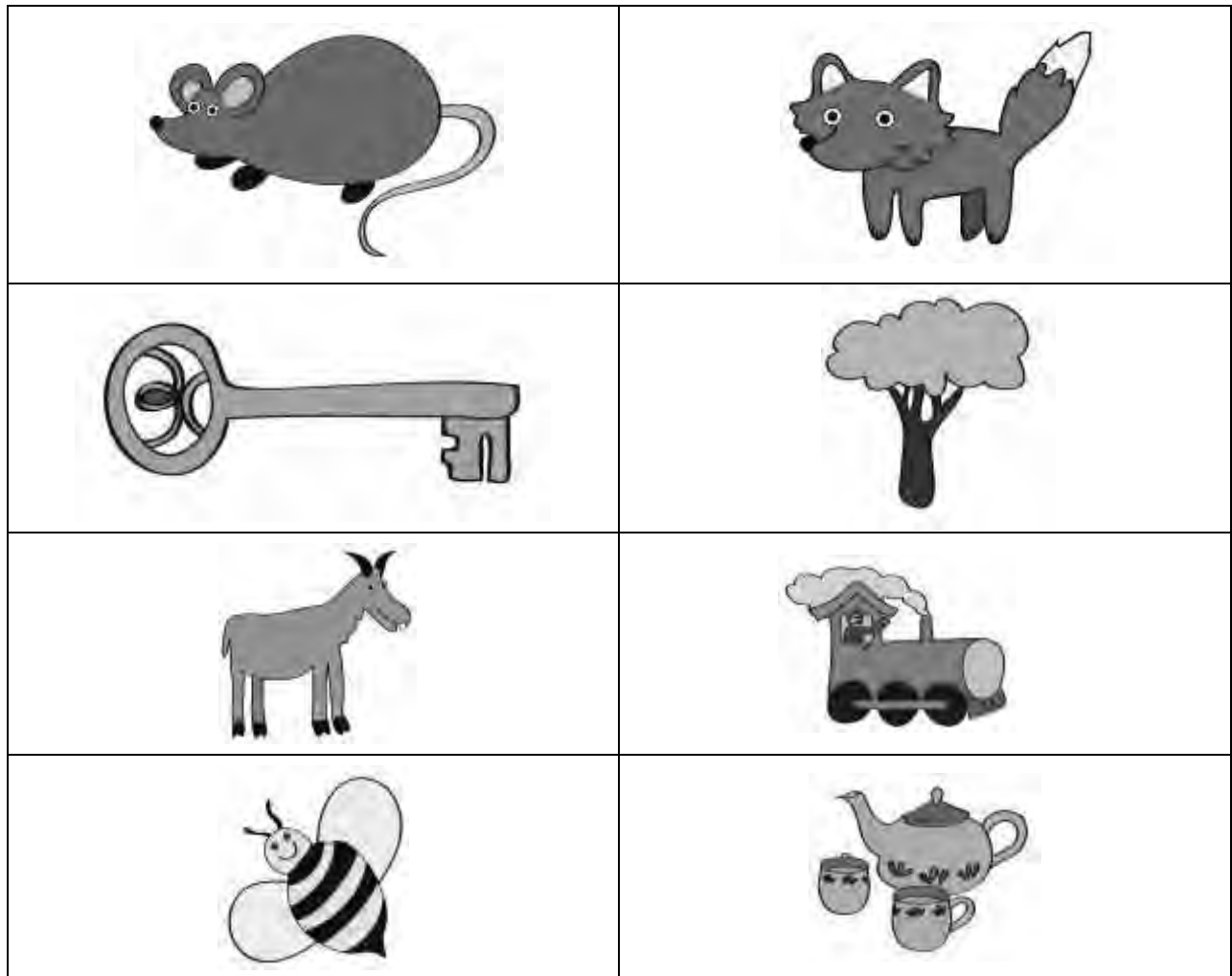
I do not like _____!

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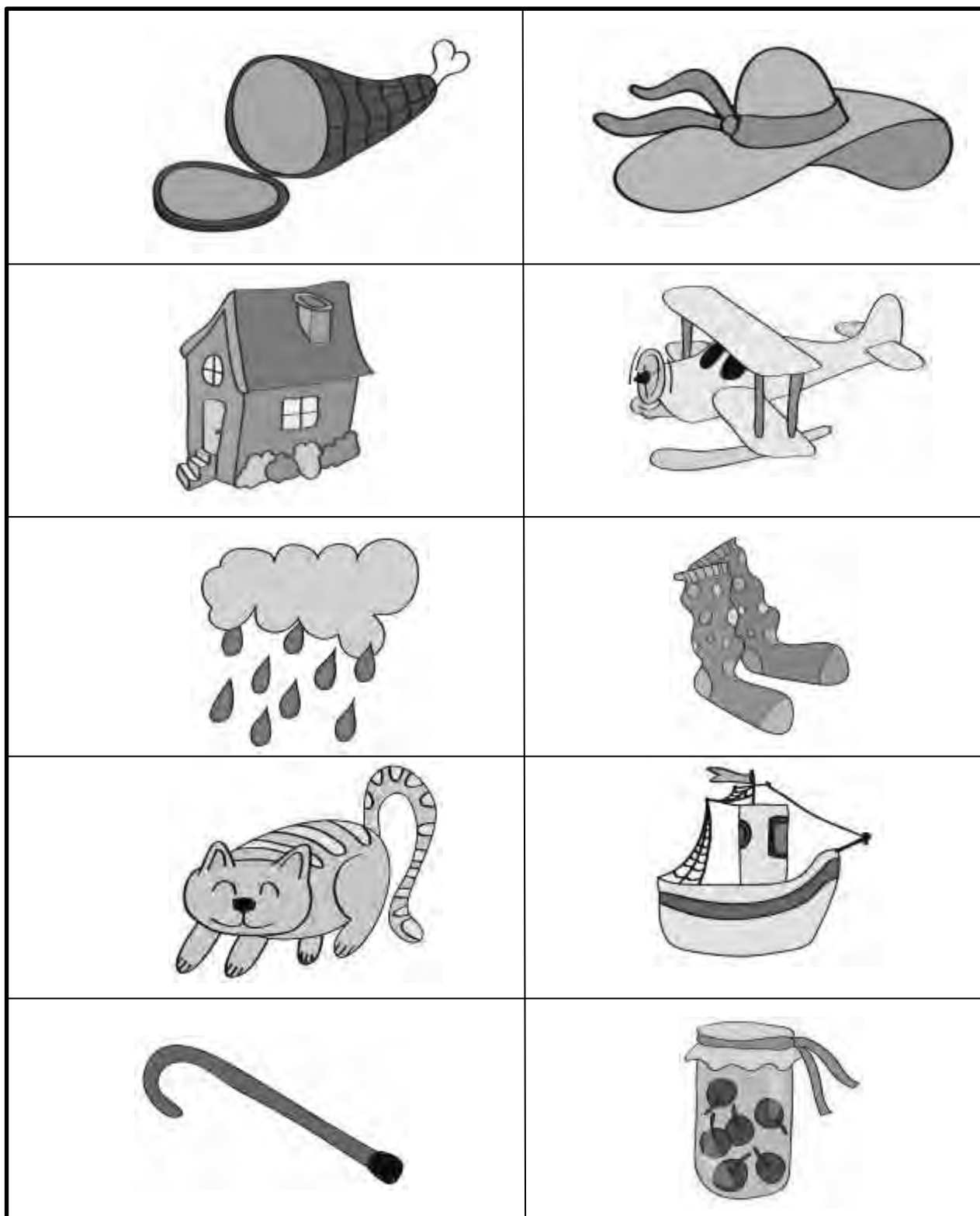
Rhyming Memory Game

Cut out the cards and turn them over on the table top. The first player turns over 2 cards. If the pictures on the cards rhyme, she gets to keep them and take another turn. If not, she turns them back over and the next player takes a turn. The winner is the person with the most pairs when all the cards are picked up.

- ★ If you want to make a sturdier game that will last a long time, glue the cards to a sheet of cardboard before cutting them out, or laminate them.



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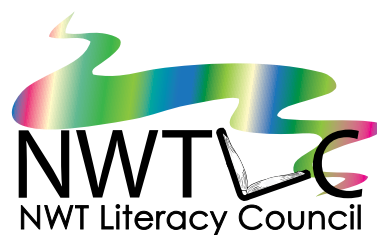
Kumak's Fish

by
Michael Bania



Kumak's Fish
by Michael Bania

Story Time Adventures Program



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Session Plan

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2) Read the story

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Fish Songs and Rhymes

1-2-3-4-5 Once I Caught a Fish Alive

1-2-3-4-5 Once I caught a fish alive

6-7-8-9-10 Then I let him go again!

Why did you let him go?

Because he bit my finger so!

Which finger did he bite?

This little pinky on the right!



I'm a Little Fish! (tune of I'm a Little Teapot)

I'm a Little Fish, I like to swim

(put hands in prayer position facing away from you...they're the fish.
Wiggle them back and forth like a fish swimming through the water).

You can't catch me, 'cause I have fins

(shake fingers back and forth "no, no, no")

When I swim past my friends, I hear them say

(put hand to ear like you're listening)

STOP your swimming and come and play!

(make a STOP gesture with hand and then jump up in the air)

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Slippery Fish

(by Charlotte Diamond)



Slippery fish, slippery fish, sliding through the water

Slippery fish, slippery fish Gulp, Gulp, Gulp!

Oh, no! its been eaten by an...



Octopus, octopus, squiggling in the water

Octopus, octopus, Gulp, Gulp, Gulp!

Oh, no! its been eaten by a ...



Tuna fish, tuna fish, flashing in the water

Tuna fish, tuna fish, Gulp, Gulp, Gulp!

Oh, no! it's been eaten by a...

Great white shark, great white shark, lurking in the water

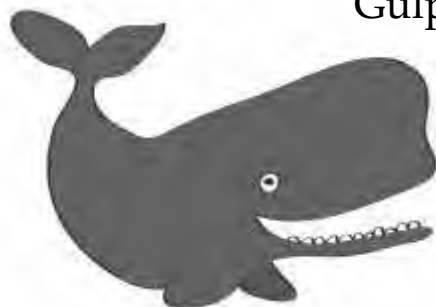
Great white shark, great white shark, Gulp, Gulp, Gulp!

Oh, no! its been eaten by a ...

Humongous whale, humongous whale, spouting in the water

Gulp! ... Gulp! ... Gulp! ... BURP!

Pardon me!



Make a Paper Plate Fish

You will need:

- Paper plates
- Markers and crayons or paint
- Scissors
- Glue
- Googly eyes



- 1) Decorate the back of a small paper plate with paints, crayons, glue & collage items.
- 2) When it has dried, cut out a triangle from the upper right hand section.
- 3) Glue the triangle onto the opposite side of the fish for the tail.
- 4) Glue on a googly eye.
- 5) You might want to hang the children's fish from the ceiling.

Make a Paper Plate Aquarium

You will need:

- 2 paper plates for each child
- Blue construction paper
- Plastic wrap (optional)
- A stapler
- Glue
- Fish or ocean stickers



- 1) Cut the centre out of one of the paper plates.
- 2) Trace around the centre circle on blue construction paper. Cut it out.
- 3) Glue the blue circle to the other paper plate.
- 4) Draw an ocean scene and add fish stickers to the blue circle.
- 5) Add glitter to the bottom of the ocean circle.
- 6) (optional) Cover the ocean scene with plastic wrap.
- 7) Staple the paper plates together.

Make a Coffee Filter Fish

You will need:

- Coffee filter
- Washable markers
- Water and spray bottle
- Googly eye or paper eye
- Tinfoil



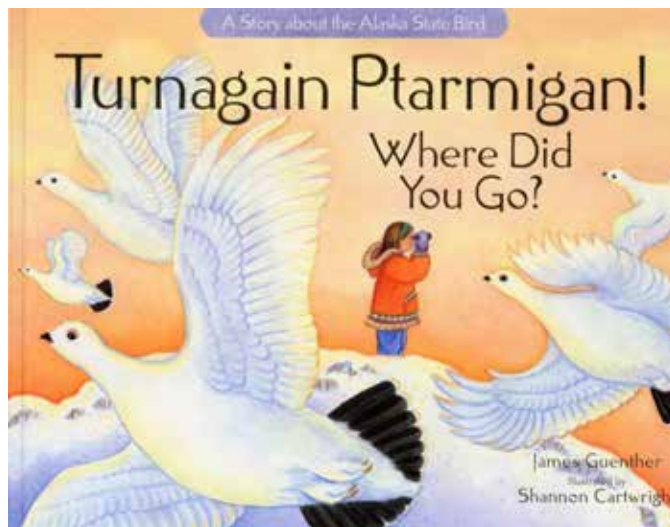
- 1) Flatten out the coffee filter on a plate. Color it roughly with washable markers.
- 2) Wet the coffee filter by using a squirt bottle or by flicking drops of water onto the filter with your hands.
- 3) Set it aside to dry for a few hours
OR blow dry with a hand held blow dryer on low heat for about 5 minutes.
- 4) Once dry, cut out a fish shape from the coffee filter.
- 5) Glue on some small strips and triangles of tinfoil.
- 6) Glue on a googly eye and draw on a mouth.



Turnagain Ptarmigan!

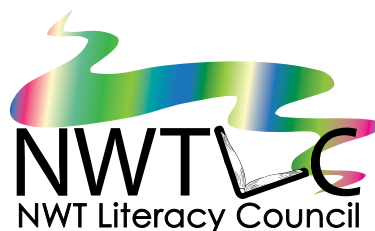
Where Did You Go?

by
James Guenther



Turnagain Ptarmigan!
Where Did You Go?
by James Guenther

Story Time Adventures Program



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"Season" Songs and Rhymes

In the story *Turnagain Ptarmigan*, the ptarmigan is shown throughout many seasons. Here are some rhymes and songs for the seasons of the year. You can use them during circle time.

Five Little Snowflakes

Five little snowflakes
Flying by my door
One blew away
And then there were four

Four little snowflakes
Falling down on me
One blew away
And then there were three

Three little snowflakes
Falling down on you
One blew away
And then there were two

Two little snowflakes
Having lots of fun
One blew away
And then there was one

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One little snowflake
Sitting in the sun
It melted away
And then there were none



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I'm a Little Snowman

I'm a little snowman
short and fat
Here is my scarf
and here is my hat
Lumps of coal for eyes
and a carrot nose
And I'm all ready
when the cold wind blows!



(This song is sung to the tune of "I'm a Little Teapot")

I'm a Great Big Snowman

I'm a great big snowman
Tall and fat
Here is my tummy
And here is my hat
Raisins for my eyes
And a carrot nose
I'm all snow from head to toe!

(This song is sung to the tune of "I'm a Little Teapot")

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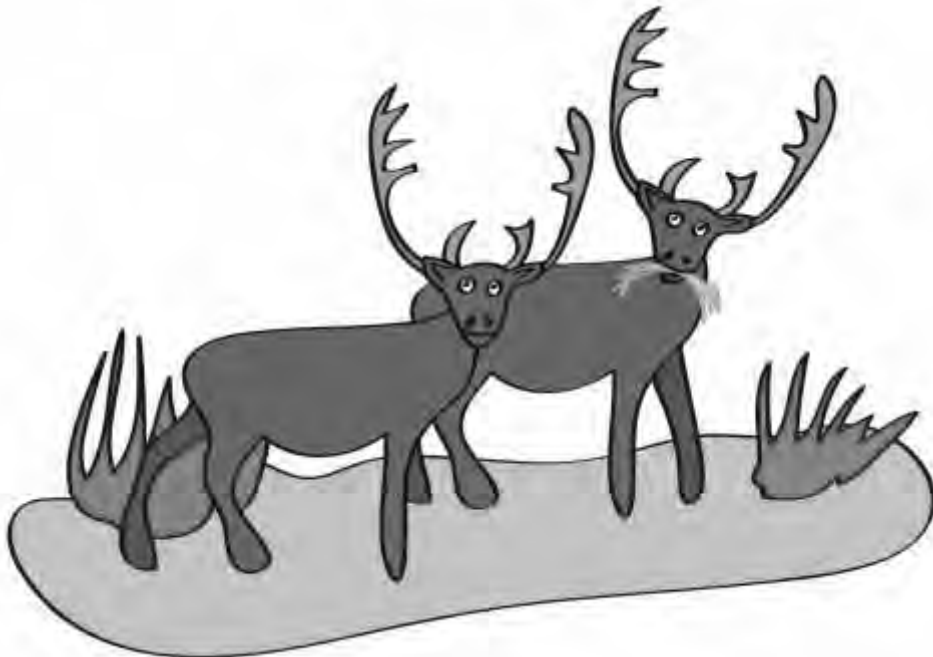
Putting On Mittens

Thumbs in the thumb place
Fingers all together
This is what we say
In mitten weather



One, Two, Caribou

One, two, caribou
Three, four, fishing by the shore
Five, six, fire from sticks
Seven, eight, bannock we make
Nine, ten, camping again



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The Mitten in the Snow

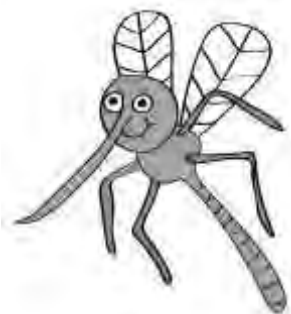
The mitten in the snow
The mitten in the snow
Help us please so we won't freeze!
The mitten in the snow
A * _____ squeezes in
A * _____ squeezes in
Help us please so we won't freeze!
The mitten in the snow

** Use different animals such as: mouse, squirrel, raccoon, beaver, rabbit,
and bear*



Bugs

Bugs, bugs, go away
Don't come back again this way
Summer's here, we want to play



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The Strangest Sight I Have Ever Seen

The strangest sight I have ever seen
Is a little old lady on a snow machine

She wears a pink scarf and big fur mitts
And a bright green parka that doesn't quite fit

She skids over ice and sinks in the snow
She drives very fast—she never goes slow!

She wears caribou mukluks and a blue knit hat
She isn't very tall, but she sure is fat!

She drives like a wild man, up hill and down
She drives that skidoo all over town

The strangest sight I have ever seen
Is a little old lady on a snow machine



Story Time Adventures

Bwaa, Bwaa, Black Moose

Bwaa, bwaa, black moose

Have you any fat?

Yes sir, yes sir

Three packsacks

One for your grandma,
One for your aunts,
And one for the skinny boy
Who falls through his pants

Bwaa, bwaa, black moose

Have you any fat?

Yes sir, yes sir

Three packsacks



Story Time Adventures

Which Season?

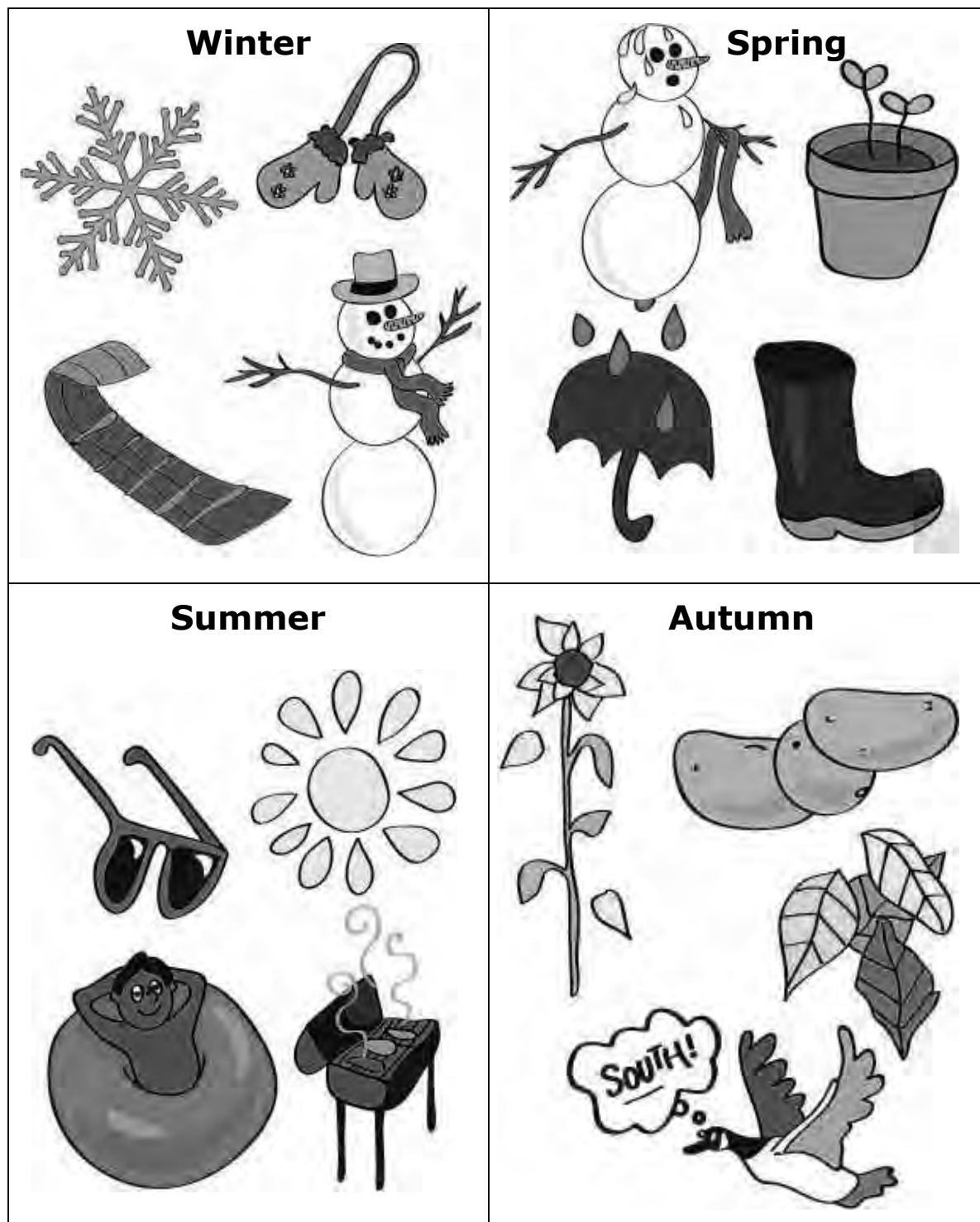
Copy the following page and cut out the four squares that represent the different seasons. Laminate the squares with packing tape. Give the cards to the children during circle time. Then say different items and ask a child or children to flash the right season. For example you may say:

- When can you go swimming in the lake?
- When does it rain a lot?
- What season is Christmas in?
- When do the leaves fall off the trees?
- What season is June in?



Story Time Adventures

Seasons



Story Time Adventures

Seasonal Clothing

What should I wear in each season? Copy this page and the next one. Cut out the pictures on this page and then glue them onto the correct season on the next page. You could also laminate the pictures with packing tape and use this activity as part of your circle time.



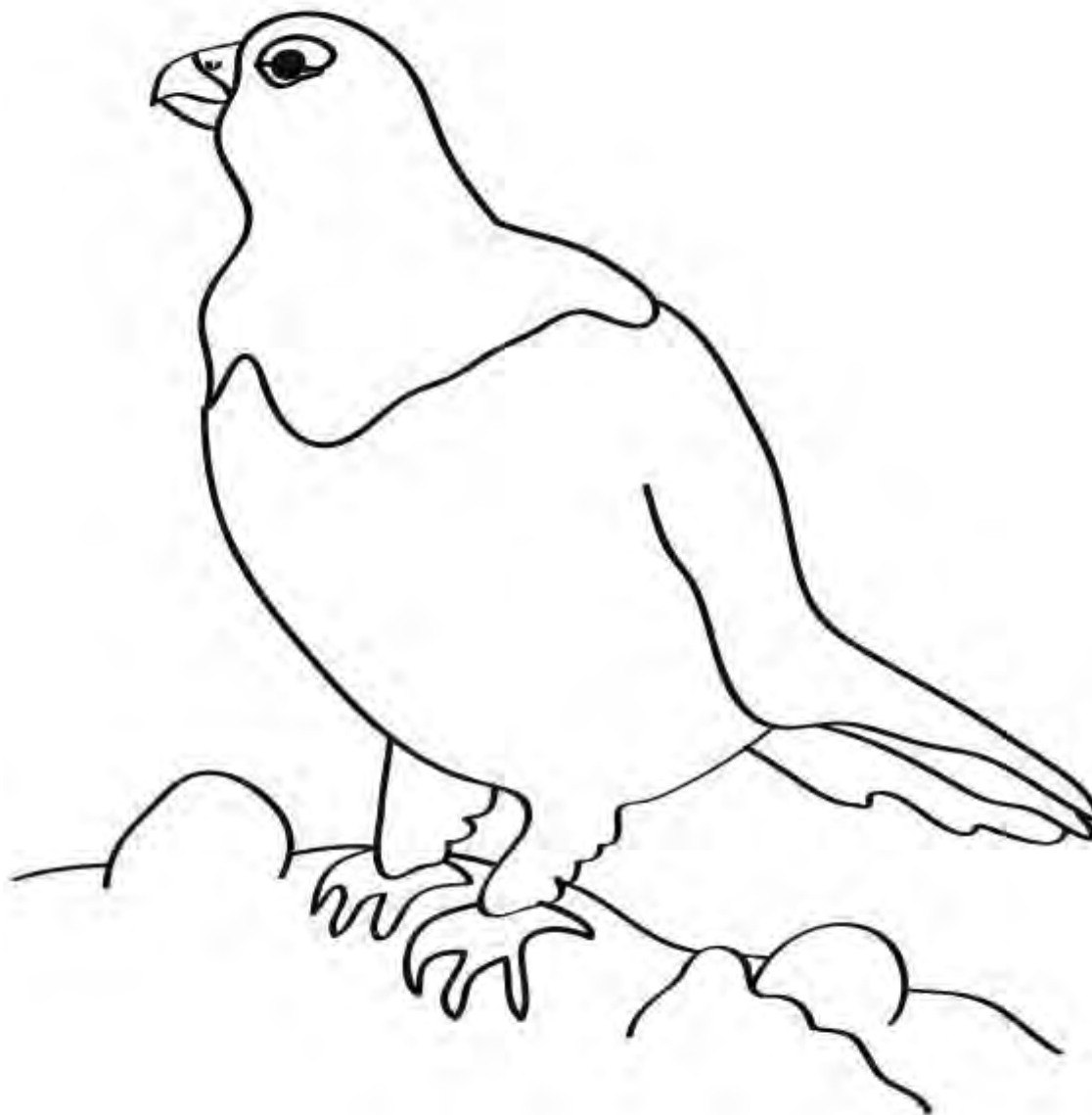
Story Time Adventures

Glue the pictures from the previous page onto the right square.

Winter	Summer
Autumn	Spring

Craft Time

Decorate the ptarmigan on this page. Will you make a winter or a summer ptarmigan? Copy one for each child.



Story Time Adventures

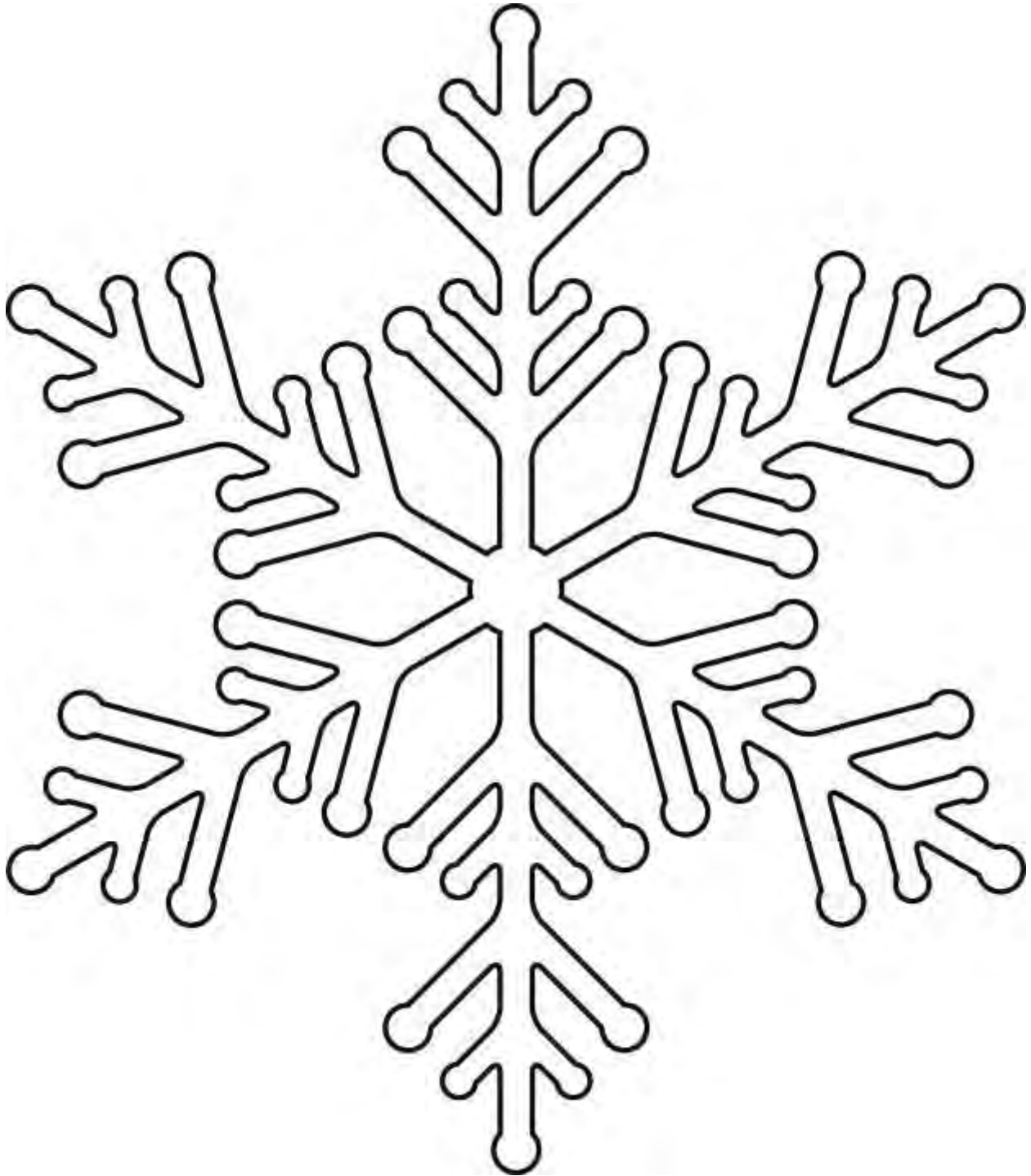
Northern Lights

In the book, *Turnagain Ptarmigan! Where Did You Go?* there are northern lights. You can draw a picture of the Northern Lights on a piece of black construction paper using chalk. Draw a scene at the bottom and put the Northern Lights in the sky. You can add a bit of glitter glue if you wish.



Colouring Page

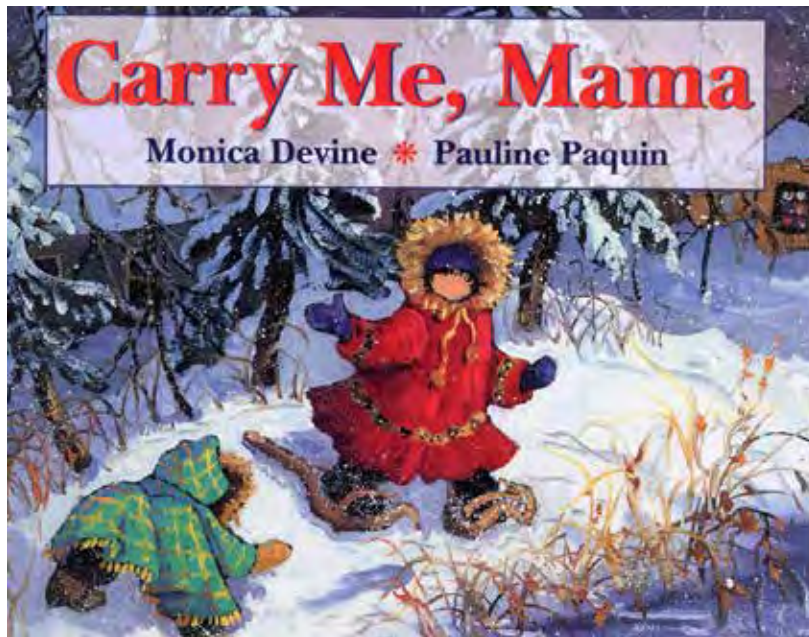
Colour and decorate this snowflake! Copy one for each child.



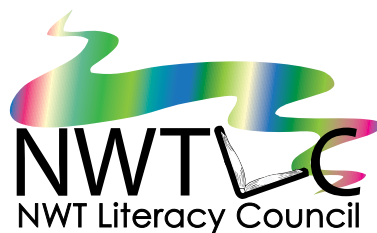
Story Time Adventures

Carry Me, Mama

by
Monica Devine and Pauline Paquin



Story Time Adventures Program



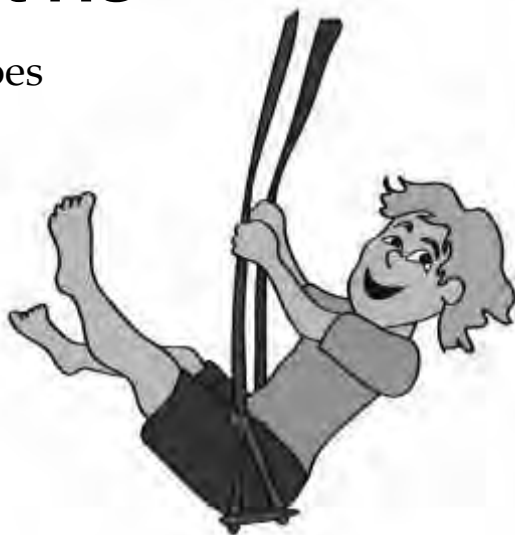
Story Time Adventures

Session Plan

- 1) **Begin the session with circle time.**
 - Sing songs.
 - Take requests for favourite songs to sing!
 - Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the poems about 'Me' on the following pages.
- 2) **Read the story**
- 3) **Snack time**
- 4) **Craft time**

Rhymes About Me

I have ten little fingers and ten little toes
Two little arms and one little nose
One little mouth and two little ears
Two little eyes for smiles and tears
One little head and two little feet
One little chin, that's me complete



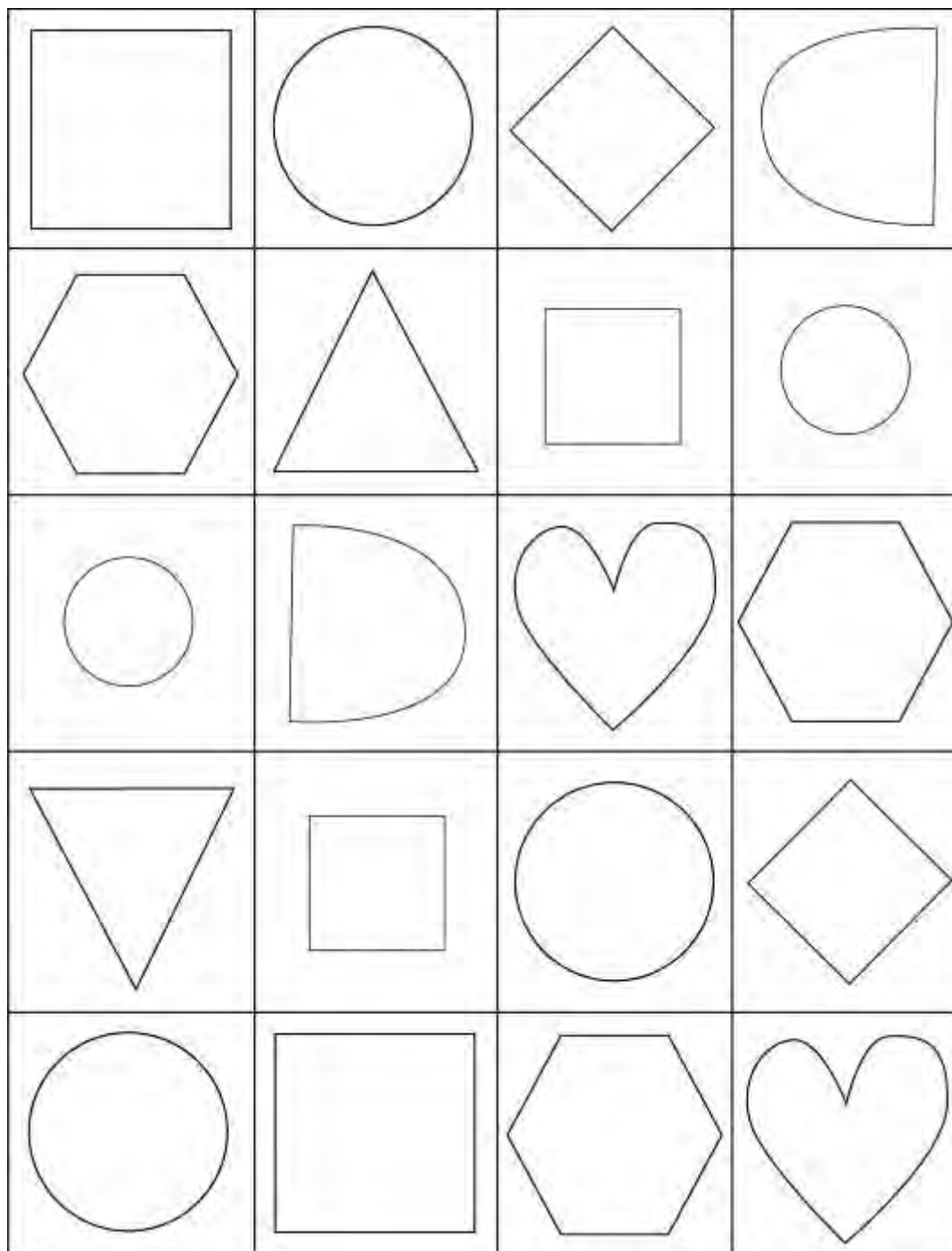
There's no one who is just like me,
No one else who knows how to be
Me when I am mad or sad
Me when I am very glad
There's no one who's just like me
Me is who I'm proud to be



Story Time Adventures

Colour Katie's Quilt

Katie has a lovely coloured quilt on her bed. Colour this quilt.



Story Time Adventures

Matching Pictures and Words

Copy this page for each child. Match the pictures with the words. Draw a line from the word to the correct picture. Younger children will need you to read the word to them.

Dog	
Bear	
Raven	
Rabbit	
Fish	

Berry Picking and Baking

Go for a walk and pick some berries. Here is a recipe for some delicious cranberry bread or muffins.



Cranberry Bread or Cranberry Muffins

You will need:

- 1 cup coarsely chopped cranberries
- 1 tablespoon grated orange peel
- 3/4 cup orange juice
- 1 well-beaten egg
- 2 cups flour
- 1 cup sugar
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 2 tablespoons oil



- 1) Combine the orange peel, juice and egg.
- 2) In a bowl, mix the flour, sugar, baking powder and baking soda. Stir in the oil.

Story Time Adventures

- 3) Combine the orange juice mixture and flour mixture. Fold in the cranberries.
- 4) Heat the oven to 350 degrees. Grease a 9"x5"x3" loaf pan or 12 muffin pans and flour them lightly.
- 5) Pour the mixture into a loaf pan. Bake bread for 1 hour, or until a testing fork or toothpick comes out clean. For muffins, bake for 15-20 minutes.



Mama and Me Treasure Hunt

Mama and Katie often went for a walk. Take the children for a walk in your community. Look for these things.



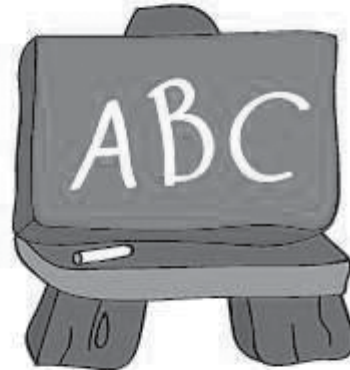
a raven



a dog



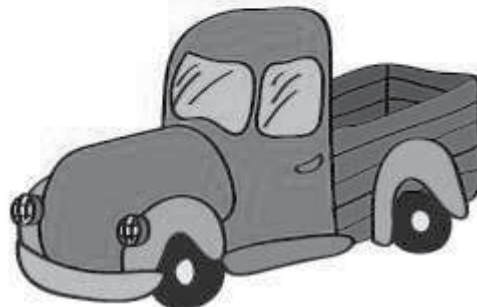
an old house



the school



a sign



a truck

Story Time Adventures

Me Puppet

You will need:

- Brown paper bags
- Crayons
- Fabric scraps for clothes
- Yarn for hair
- Glue
- Felt markers



- 1) Give each child a paper bag.
- 2) Lay out the other supplies for the children to choose.
- 3) Children may need help with cutting fabric for clothes or attaching yarn for hair.

A Family Tree

You will need:

- Blue construction paper
- Brown construction paper
- Green construction paper
- Glue
- Scissors
- Coloured markers



- 1) Draw a large tree with many branches on the brown construction paper for each child. Cut them out. Glue them on the blue paper.
- 2) Cut out leaves from the green construction paper. You need one for every member of each child's family: mother, father, grandparents, brothers, sisters, etc. They need to be big enough to write names on.

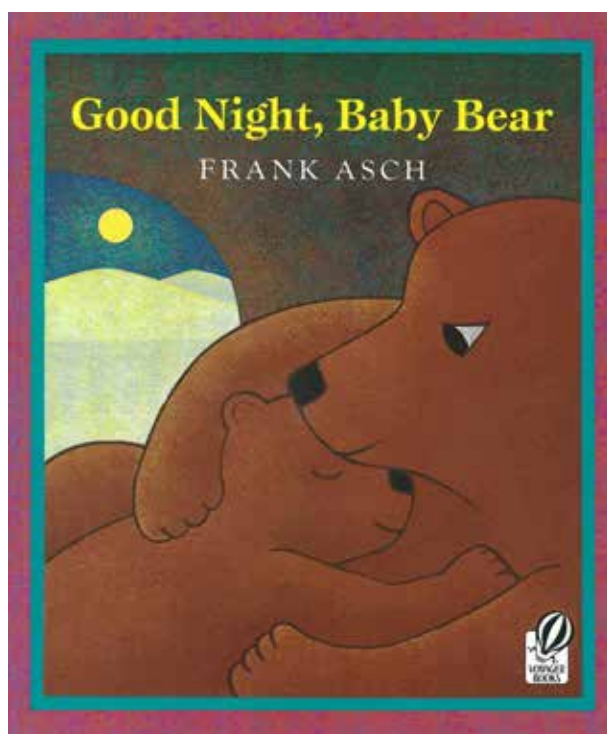
- 3) Glue the leaves to the tree. You might put the child's generation at the top of the tree, the parents in the middle, and the grandparents near the bottom.



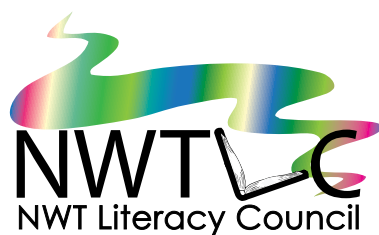
Story Time Adventures

Good Night Baby Bear

by
Frank Asch



Story Time Adventures Program



Story Time Adventures

Session Plan

1) Begin the session with circle time.

- Sing a welcome song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the songs and poems on the following pages.

2) Read the story

3) Snack time

4) Craft time

Story Time Adventures

Hickory, Dickory Dee¹

Hickory, dickory, dee
A bear climbed up a tree
When he heard a sound
The bear jumped down
Hickory, dickory, dee



¹ From: Redvers, P. *Mother Raven Nursery Rhymes*. 1992. Hay River, NT: Crosscurrents Associates.

Story Time Adventures

Over in the Forest

Over in the forest in the bushes in the sun,
Lived an old mother moose and her little moose calf one.
“Eat,” said the mother. “I’ll eat,” said the one.
So they ate and were happy in the bushes in the sun.



Over in the forest where the tall trees grew,
Lived an old mother bear and her little bear cubs two.
“Run,” said the mother. “We’ll run,” said the two.
So they ran and were happy where the tall trees grew.



Over in the forest in a hole in a tree,
Lived an old mother woodpecker and her little
woodpeckers three.
“Peck,” said the mother. “We’ll peck,” said the three.
So they pecked and were happy in their hole in the tree.



Over in the forest on the soft moss floor,
Lived an old mother rabbit and her little rabbits four.
“Sleep,” said the mother. “We’ll sleep,” said the four.
So they slept and were happy on the soft moss floor.



Over in the forest in a big gray hive,
Lived an old mother hornet and her little hornets five.
“Buzz,” said the mother. “We’ll buzz,” said the five.
So they buzzed and were happy in their big gray hive.



Story Time Adventures

Over in the forest in a nest made of sticks,
Lived an old mother raven and her little ravens six.
“Caw,” said the mother. “We’ll caw,” said the six.
So they cawed and were happy in their nest made
of sticks.



Over in the forest in a pond smooth and even,
Lived an old mother beaver and her little beavers seven.
“Swim,” said the mother. “We’ll swim,” said the seven.
So they swam and were happy in their pond smooth and
even.



Over in the forest as the day grew late,
Lived an old mother owl and her little owls eight.
“Hunt,” said the mother. “We’ll hunt,” said the eight.
So they hunted and were happy as the day grew late.



Over in the forest in a tall green pine,
Lived an old mother squirrel and her little squirrels nine.
“Chatter,” said the mother. “We’ll chatter,” said the nine.
So they chattered and were happy in the tall green pine.



Over in the forest in a warm cozy den,
Lived an old mother wolf and her little wolf cubs ten.
“Play,” said the mother. “We’ll play,” said the ten.
So they played and were happy in their warm cozy den.



Story Time Adventures

Bears

Bears like honey
That comes from bees
Bears like to nap
Under shady trees
Bears can be cuddly
Or big and mean
My little Teddy Bear
Is the cutest I've seen
He's at my side
When I'm happy or blue
Here's to my Teddy Bear--
"I love you!"



Story Time Adventures

Grandpa Bear's Lullaby

The night is long
But fur is deep.
You will be warm
In winter sleep

The food is gone
But dreams are sweet
And they will be
Your winter meat

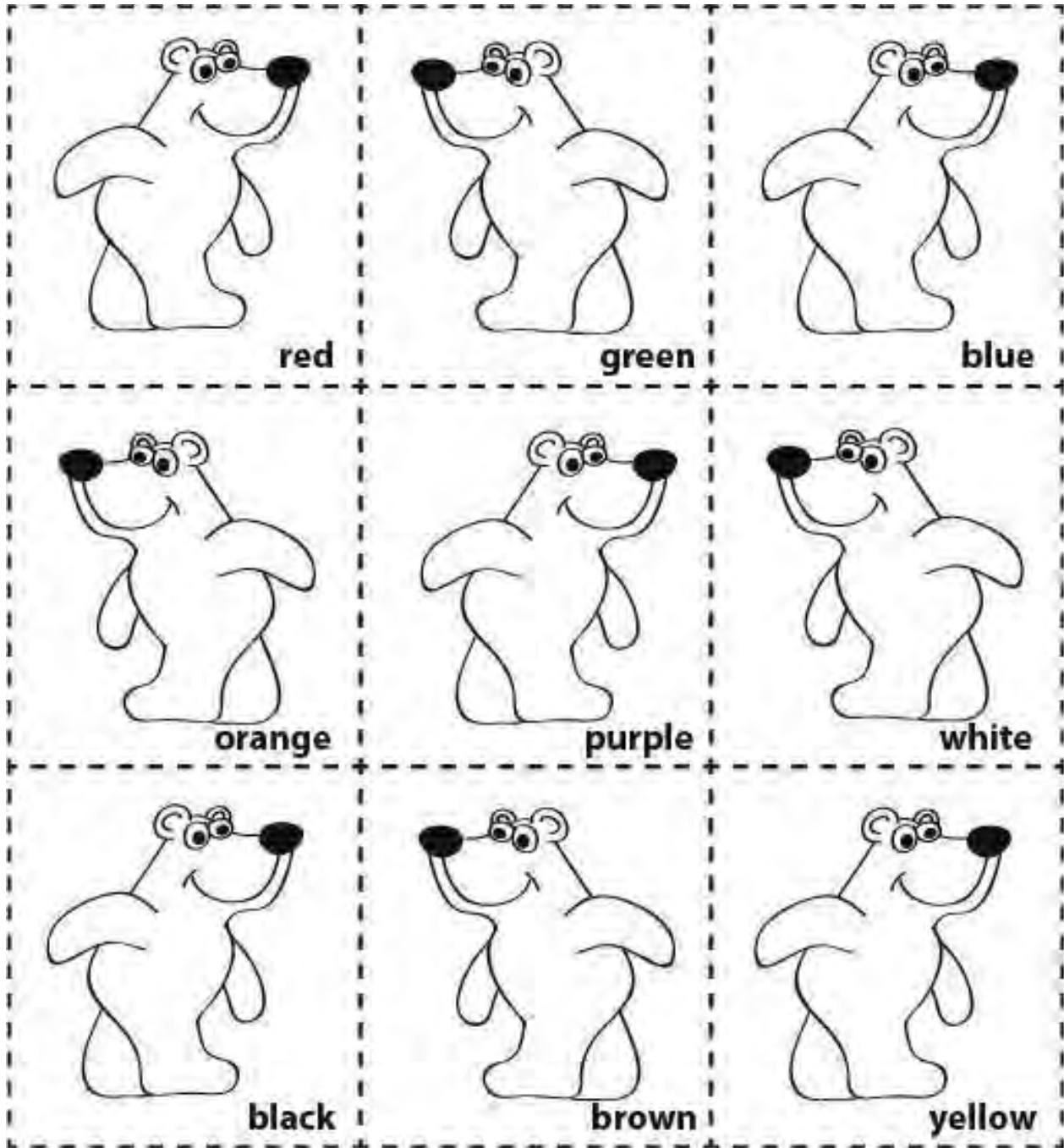
The cave is dark
But dreams are bright
And they will serve
As winter light

Sleep, my little cubs, sleep



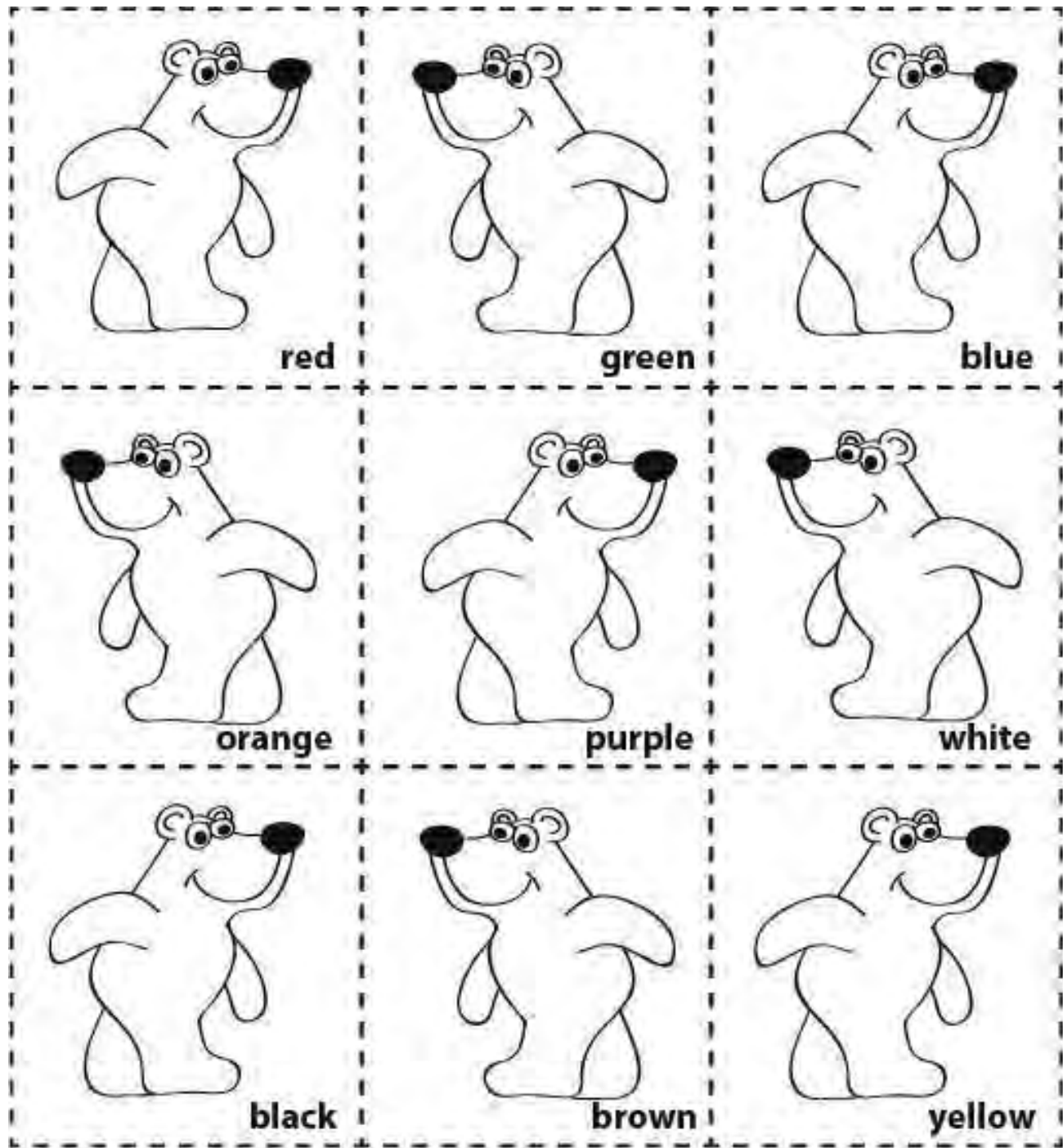
Coloured Bears Memory Game

Make one copy of this page and the next page. Colour the bears. Cut out each square and glue it onto construction paper. Turn the cards over and pick two. If they match, keep them face up. If they don't, turn them over and try again.



Story Time Adventures

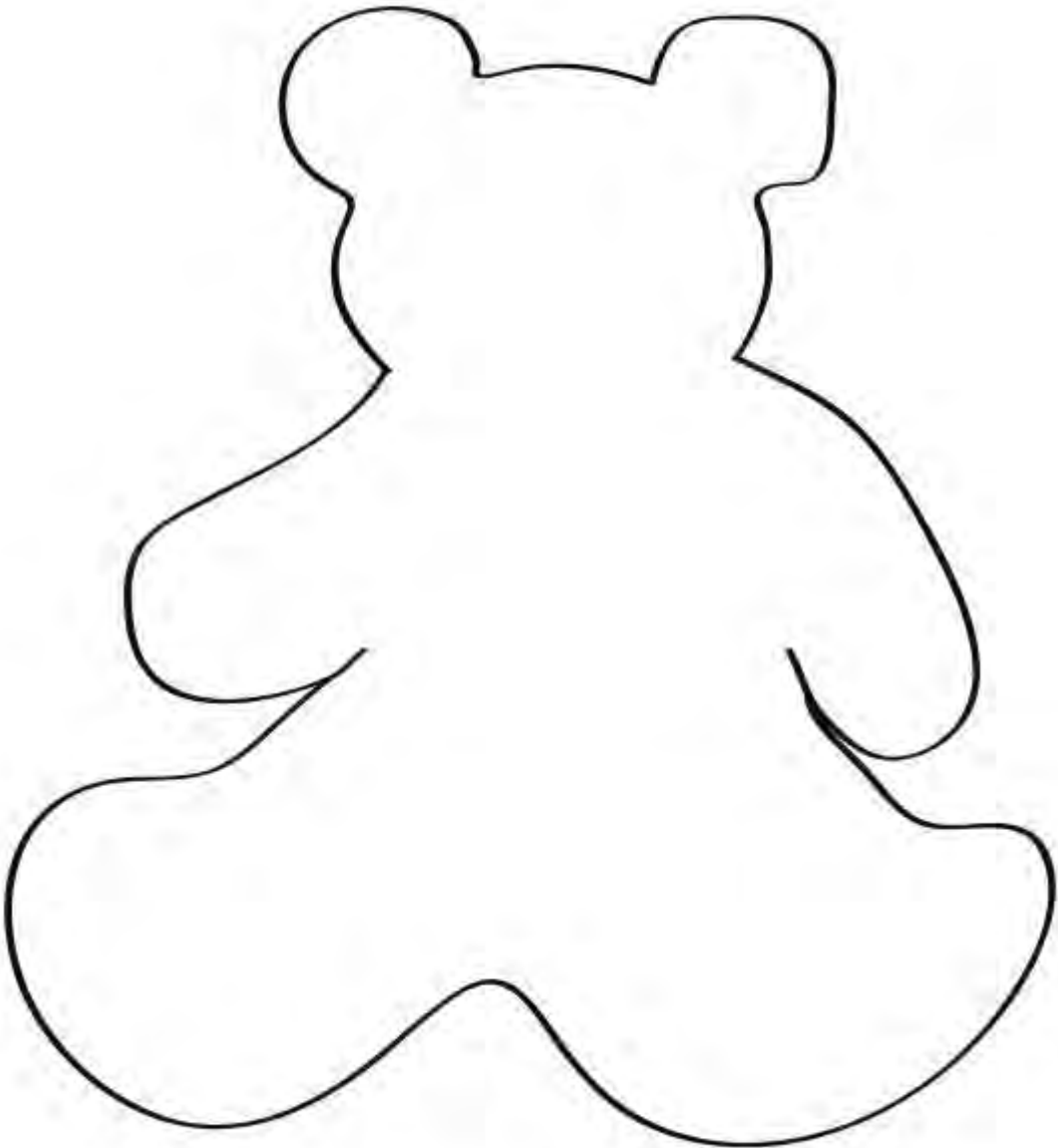
Colour the Bears



Story Time Adventures

Shape Book

Make a book with the children using this shape pattern. Cut each page using the template and use at least four pages for your book. Have each child tell you a story. You write it down for her. The child can then illustrate it and you can staple it together to make a little book.



Story Time Adventures

Make a Bear Mask

This activity is adapted from *Children's Arts and Crafts* by Nancy Lewis Bartlett.

You will need:

- A paper plate (not Styrofoam) for each child
- Masking tape
- A paper cup for each child
- Boxboard (an empty cereal or cracker box will work)
- Paint
- A paintbrush
- Markers
- Scissors
- A hole punch
- Elastic (at least 20cm) for each child

1) (Adult) Cut eye holes in the paper plates.



2) Tape a paper cup onto a paper plate using the masking tape. This will form the snout. Repeat for each child.

Story Time Adventures

- 3) Cut ears out of the construction paper or boxboard. Tape them onto the plate using masking tape.
- 4) The children can paint the mask using brown paint (or white for a polar bear). Let the paint dry.
- 5) Allow the children to draw or paint on details, such as a mouth and nostrils.
- 6) Punch a hole in each side of the mask. Thread the elastic through and knot the ends. An adult will have to help with this step.



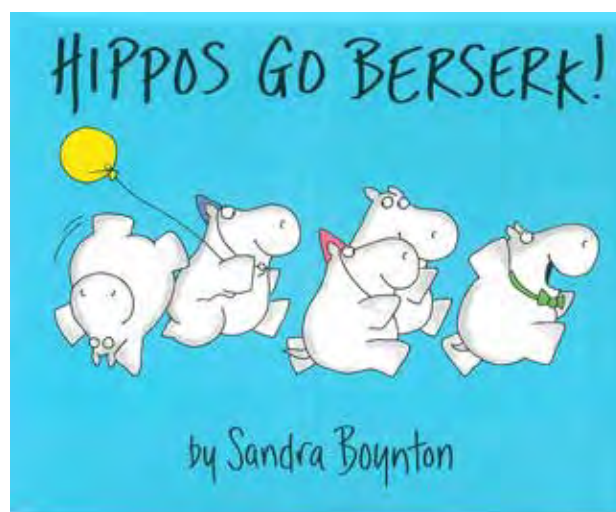
You can make paper plate masks of many different people and animals. Try making masks for each character in a fairy tale and putting on a play.



Story Time Adventures

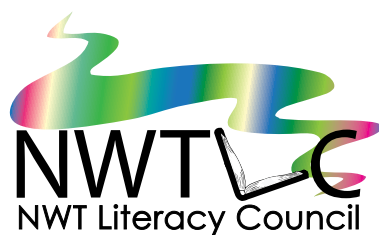
Hippos Go Berserk!

by
Sandra Boynton



Hippos Go Berserk!
by Sandra Boynton

Story Time Adventures Program



Story Time Adventures

Session Plan

1) Begin the session with circle time.

- Sing a welcome song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the songs and poems on the following pages.

2) Read the story

3) Snack time

4) Craft time

Story Time Adventures

Five Little Hippos

Five Little Hippos running through a door
One fell down and then there were four
Four little hippos in the apple tree
One fell out and then there were three
Three little hippos stirring up some stew
One fell in and then there were two
Two little hippos having lots of fun
One ran away and then there was one
One little hippo sitting in the sun
He went home and then there were none

I Can't Spell Hippopotamus

I can spell 'cat,' C - A - T
I can spell 'rat,' R - A - T
I can spell 'hat,' H - A - T
But I can't spell hippopotamus



Story Time Adventures

Recipe for a Hippopotamus Sandwich

by Shel Silverstein

A hippo sandwich is easy to make
All you do is simply take
One slice of bread
One slice of cake
Some mayonnaise
One onion ring
One hippopotamus
One piece of string
A dash of pepper-
That ought to do it
And now comes the problem...
Biting into it!



Story Time Adventures

How Many?

How many of each of these things can you find in *Hippos Go Berserk*? Count the covers too! You can do this as a circle time activity.

1) Balloons _____



2) Telephones _____



3) Flowers _____



4) Top hats _____



5) Cakes _____



6) Party hats _____



7) Hippos _____ (very tricky!)



Answers: 3 Balloons. 5 Telephones. 4 Flowers. 8 Top Hats. 2 Cakes. 11 Party Hats. 181 Hippos.

Hippo Treats

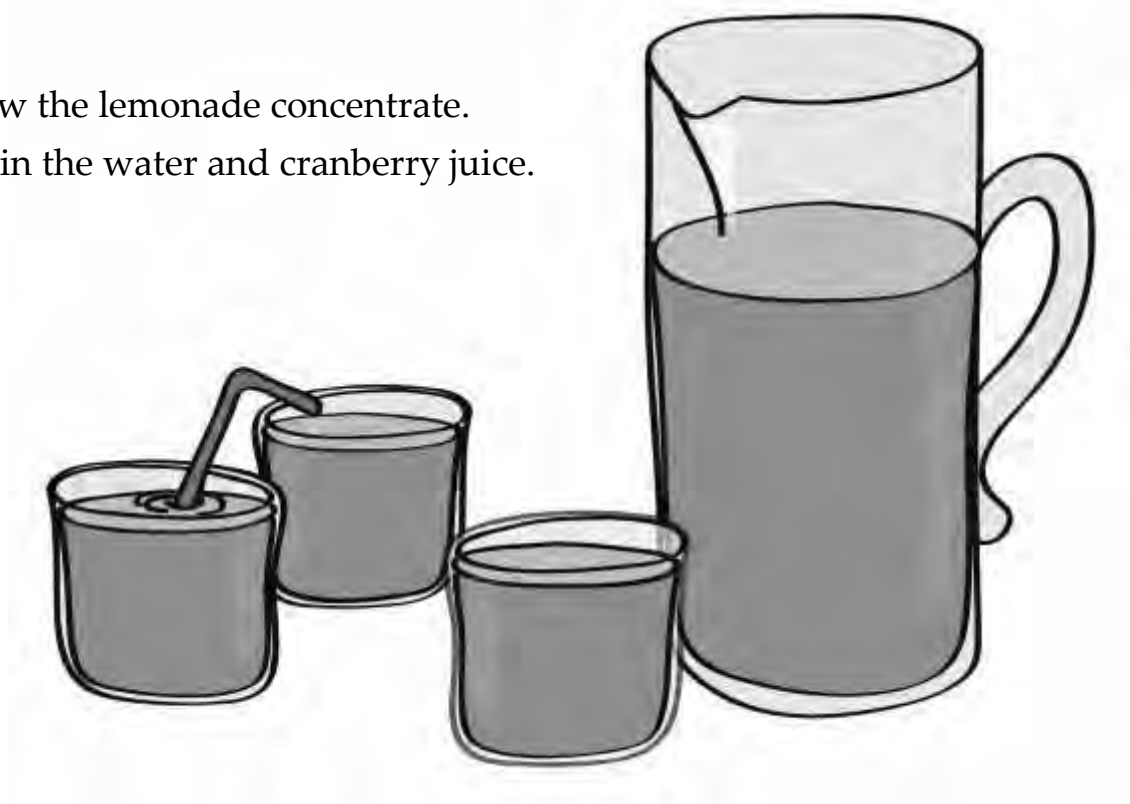
Hippos in the wild can eat over 100 pounds of grass each day, but the hippos in *Hippos Go Berserk!* are eating party treats. You can make hippo party treats of your own. An adult will need to take the lead, but even very young children can help with measuring and stirring.

Pink Lemonade

You will need:

- 1 can frozen lemonade concentrate
- 3 cups water
- 2 cups cranberry juice

- 1) Thaw the lemonade concentrate.
- 2) Stir in the water and cranberry juice.



Story Time Adventures

Yellow Finger Jello

You will need:

- 2 packages unflavoured gelatin
- 1 package lemon Jello
- 2½ cups water

- 1) Dissolve the unflavoured gelatin in 1 cup of cold water.
- 2) Dissolve lemon jello in 1 cup boiling water.
- 3) Add the 2 mixtures together, and add ½ cup of cold water.
- 4) Pour the mixture into a greased 8x8 pan and chill in the fridge for 1-2 hours.
- 5) Cut the jello into squares and serve.

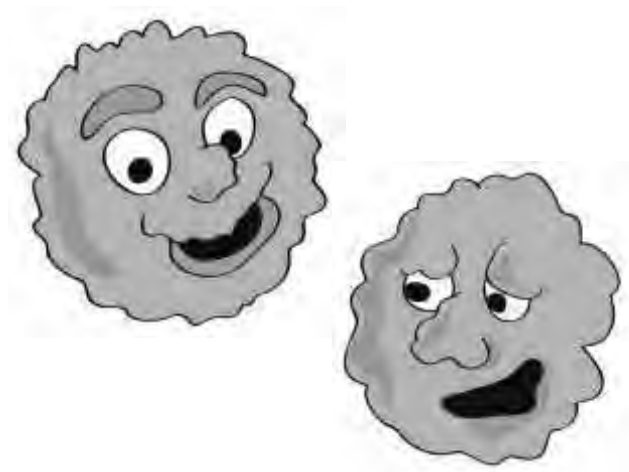


Story Time Adventures

Crunchy Hippo Food

You will need:

- 6 cups rice krispies©
- 1 (250g) package marshmallows
- ¼ cup butter or margarine
- 5-10 drops green food colouring



- 1) Melt the butter and the marshmallows over medium heat, stirring constantly.
- 2) Remove the mixture from the from heat when the marshmallows are completely melted. Stir in the food colouring and then the rice krispies©.
- 3) Let the mixture cool slightly. Roll it into balls and let it cool completely.

Story Time Adventures

All About Hippos²

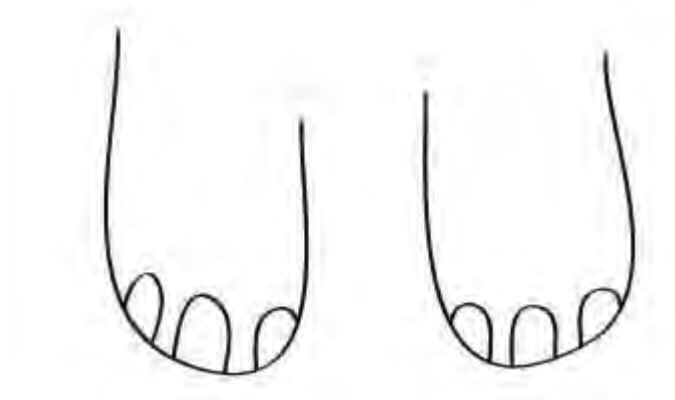
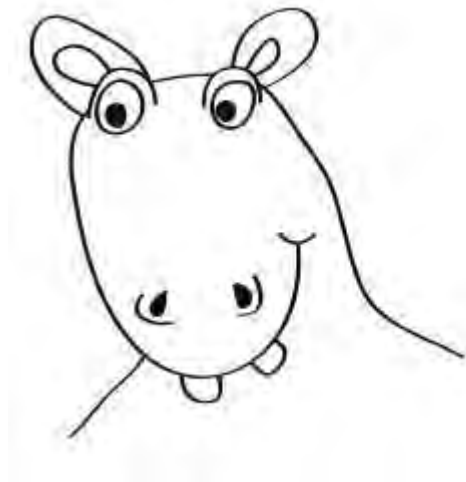
- Hippopotamuses live in central and southern Africa.
- A hippopotamus can hold its breath for as long as 5 minutes!
- Baby hippos are born underwater and can swim as soon as they are born.
- Hippos have webbed feet to help them swim.
- Hippos' ears, eyes and nostrils stick out of the tops of their heads, so that they can hear, see and breathe while they are underwater.
- Hippos spend the daytime in or near rivers to keep cool. At night time they move inland to feed.
- They are vegetarians, and eat mostly grass.
- Hippos can eat up to 68 kilograms (150 pounds) of grass a day!
- They are the third largest type of land creature in the world, after elephants and rhinoceroses.
- Hippos have red-coloured sweat!
- Hippos live to be about 40 years old.



Downloaded from <http://kids.nationalgeographic.com/Animals/CreatureFeature/Hippopotamus>. June 24th, 2008.

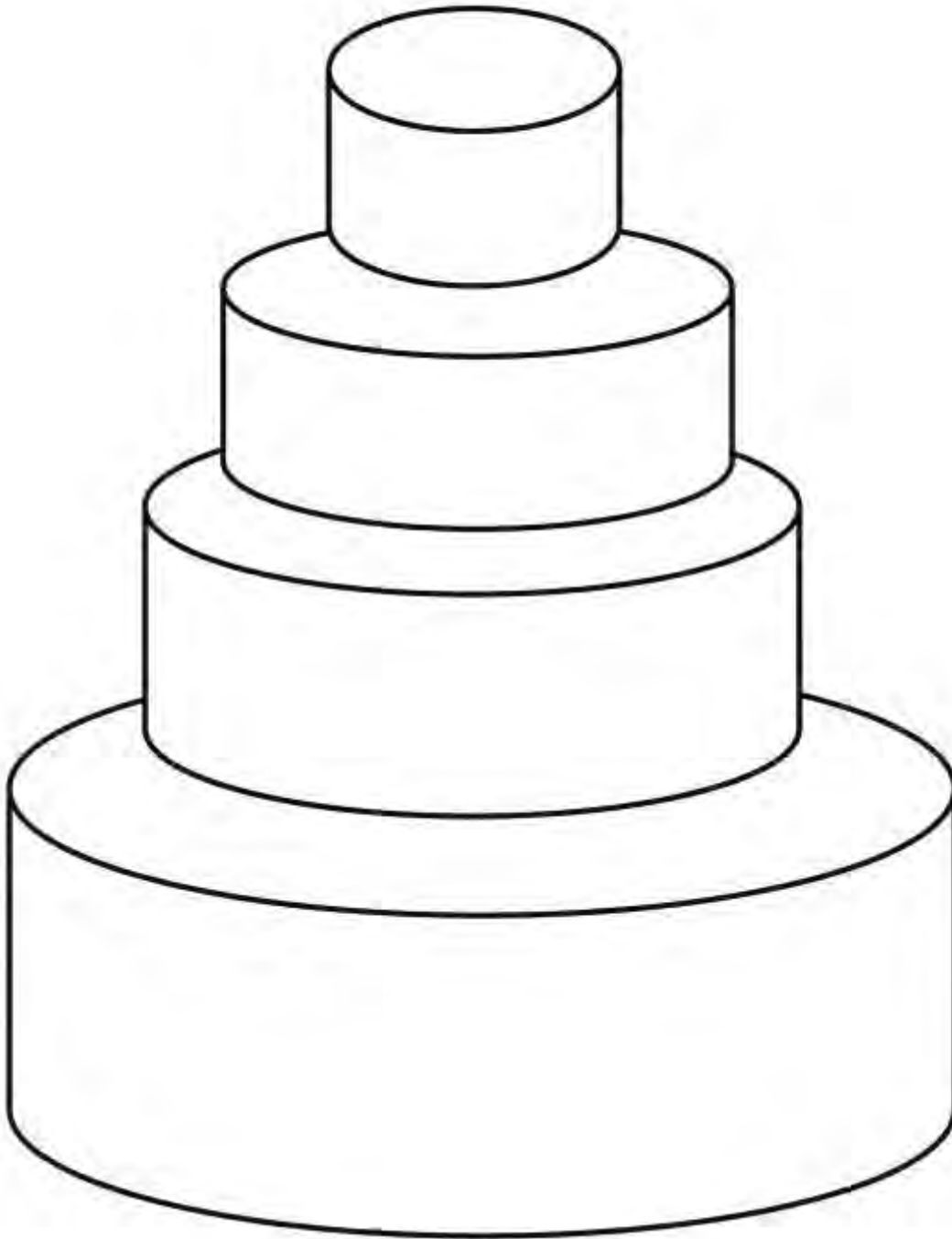
Hippo Colouring

This hippo has nothing to wear to a party. Draw him some fancy party clothes.



Decorate the Cake

Decorate this party cake however you like. Be sure to add candles and a fancy plate for it to sit on.



Story Time Adventures

More about Hippos

Try reading these other great books about hippos. You will be able to find many of them in your school or community library.

But What Does the Hippopotamus Say? by Francesca Simon (Harcourt)

But Not the Hippopotamus! by Sandra Boynton (Little Simon)

Blue Hippopotamus by Phoebe Gilman (Scholastic Canada)

George and Martha by James Marshall (Houghton Mifflin Company)

The Hippo-not-amus by Tony Payne (Orchard Books)

More Counting Books

1 Moose, 20 Mice by Clare Beaton (Barefoot Books)

How Many Bugs in a Box? by David Carter (Simon & Schuster)

Anno's Counting Book by Mitsumasa Anno (T. Crowell)

Five Little Ducks by Raffi (Crown Books for Young Readers)

Fish Eyes: A Book You Can Count On by Lois Ehlert (Voyageur Books)

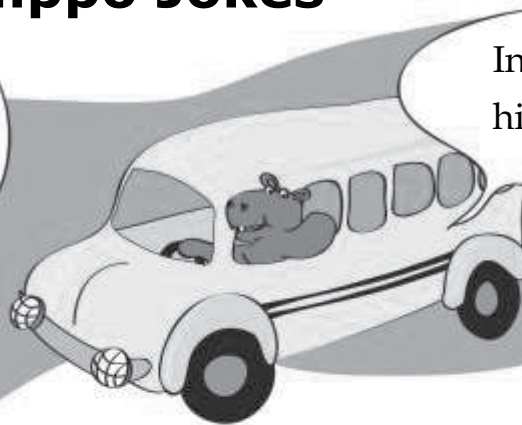
One Duck Stuck: A Mucky Ducky Counting Book by Phyllis Root (Candlewick Books)

Hippo Jokes

How do hippos get to school?



In the hippopotabus!



What's harder than getting a hippo into your car?



Getting TWO hippos into your car!

What happens when hippos get too cold?



They get Hippo-thermia!

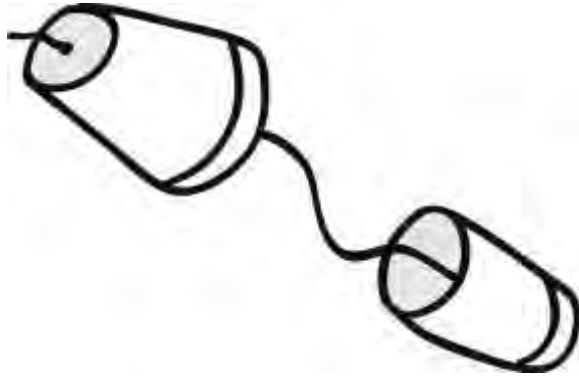


Make a Paper Cup Phone

When one hippo gets bored, he calls his friends on the phone. You can make your own phone to talk to your friends.

You will need:

- 2 paper cups
- String (at least 3-4 metres)
- Pens or pencils

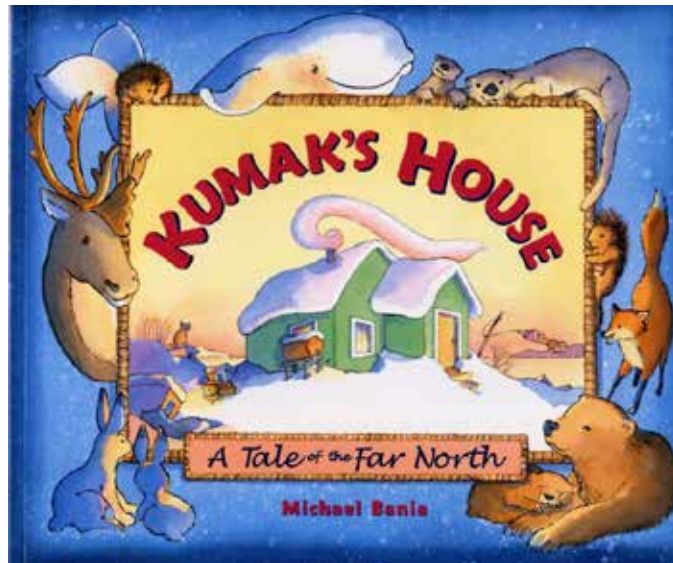


- 1) Make a hole in the bottom of the paper cup with the pen or pencil by pushing it through.
- 2) Pull the string through the hole and into the cup. Knot it.
- 3) Do the same with the other cup and the other end of the string.
- 4) Stretch the string tightly between two people. Talk quietly into the phone.
- 5) Try whispering, humming and singing into the phone.

Story Time Adventures

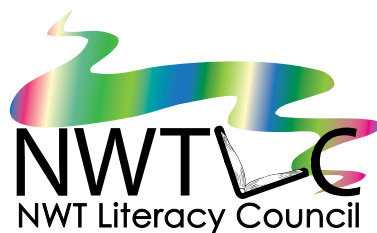
Kumak's House: A Tale of the Far North

by
Michael Bania



Kumak's House:
A Tale of the Far North
by Michael Bania

Story Time Adventures Program



Story Time Adventures

Session Plan

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2) Read the story

3) Snack time

4) Craft time

Winter Songs and Rhymes

One Cold Snowy Morning

One cold snowy morning a hunter got out of bed
and went out hunting. Then...

A seal jumped into the bed and said,

"I'm going to be warm today."

A caribou jumped into the bed and said,

"I'm going to be warm today."

A walrus jumped into the bed and said,

"I'm going to be warm today."

A narwhal jumped into the bed and said,

"I'm going to be warm today."

A polar bear jumped into the bed.

CRASH! BANG! BOOM! The bed collapsed!

The hunter came back

"Get out of my bed!" he yelled.

The seal jumped out of the bed.

Lickety-split.

The caribou jumped out of the bed.



Story Time Adventures

Lickety-split.

The walrus jumped out of the bed.

Lickety-split.

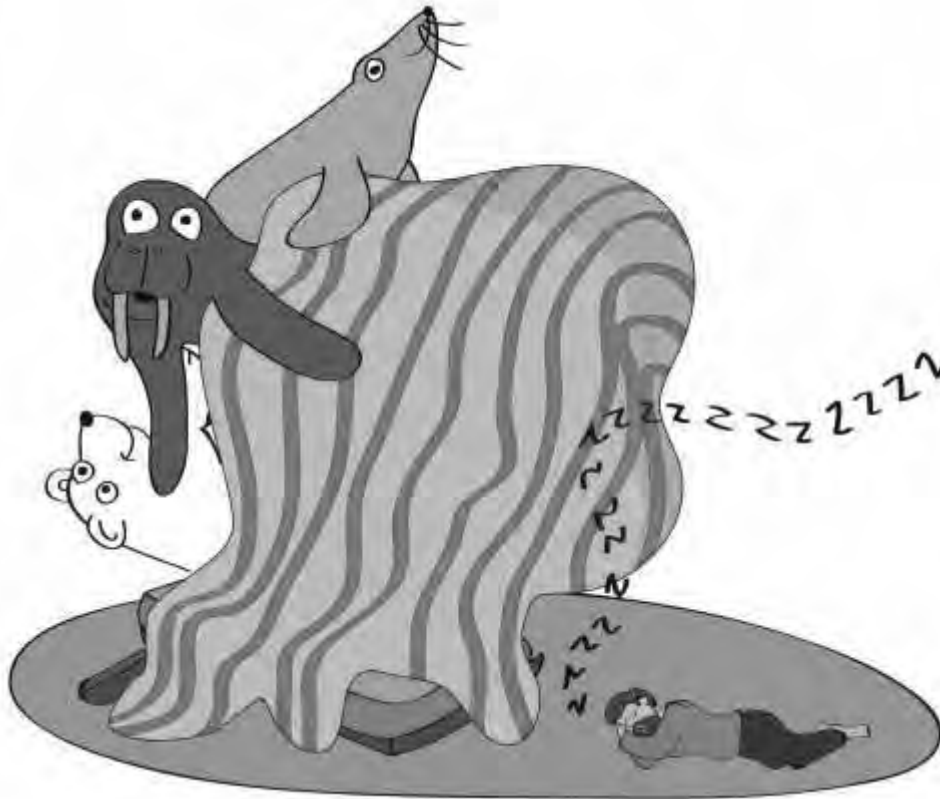
The narwhale jumped out the bed.

Lickety-split.

The polar bear jumped out of the bed.

Lickety-split

And the hunter said, "I guess I'll sleep on the floor tonight."



The Seagull and the Whale

Once there was a seagull who laid a beautiful speckled egg.

One day she came back to her nest.

The egg had vanished!

She met a Seal.

“Have YOU taken my egg?” she said.

Seal opened his mouth very wide.

“No,” he said, “but would you like to come in and look around?”

“No, thank you,” said Seagull, “Your mouth is much too small.”



Next she met a Walrus.

“Have YOU taken my egg?” she said.

Walrus opened his mouth very wide.

“No,” he said, “but would you like to come in and look around?”

“No, thank you,” said Seagull, “Your tusks are much too sharp.”

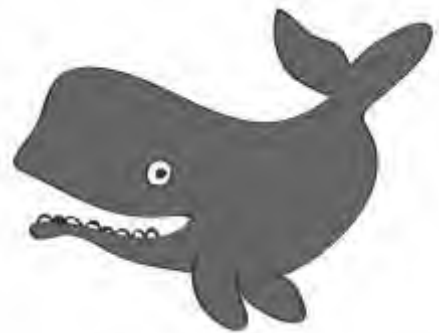


Next she met a whale.

“Have YOU taken my egg?” she said.

Whale opened his mouth very wide.

“I don’t know.” He said. “Would you like to come in and look



Story Time Adventures

around?"

"Thank you," said Seagull, "I think I will."

So in she went.

"What a place this is," said Seagull.

Soon, who should come in but Seal.

"I was very foolish," said seal, "Whale has eaten me for dinner."

Shortly after, who should come in but Walrus.

"I was very foolish," said Walrus. "Whale has eaten me for dinner."

"I was very foolish too," said Seagull. "Whale has eaten me for dinner."

They all began to cry.

"I'll never find my beautiful speckled egg," cried Seagull

"I'll never see my friends again," cried Seal.

"and I'll never lie on the sunny rocks again," cried Walrus.



Story Time Adventures

Then they heard a cracking sound.

“Something is tickling my ribs,” said Whale.

The egg broke into pieces.

“My beautiful egg!” cried Seagull.

Out popped Baby Seagull



Baby Seagull stretched his fluffy wings and tickled Whale under the ribs.

Whale laughed so hard that he opened his mouth very wide.

Out swam Seal, Walrus, Seagull, and Baby Seagull!

“Now we are free,” said Walrus, “Thank you Baby Seagull.”

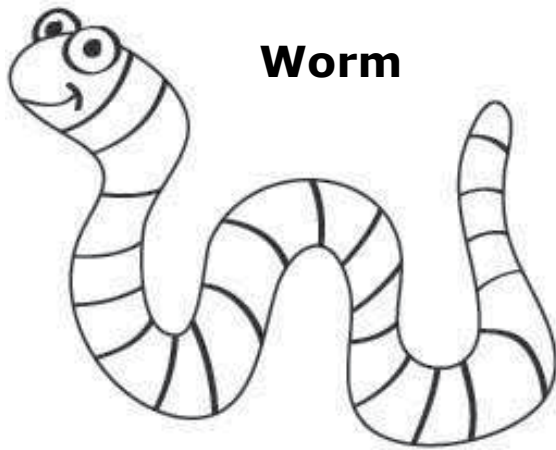


Story Time Adventures

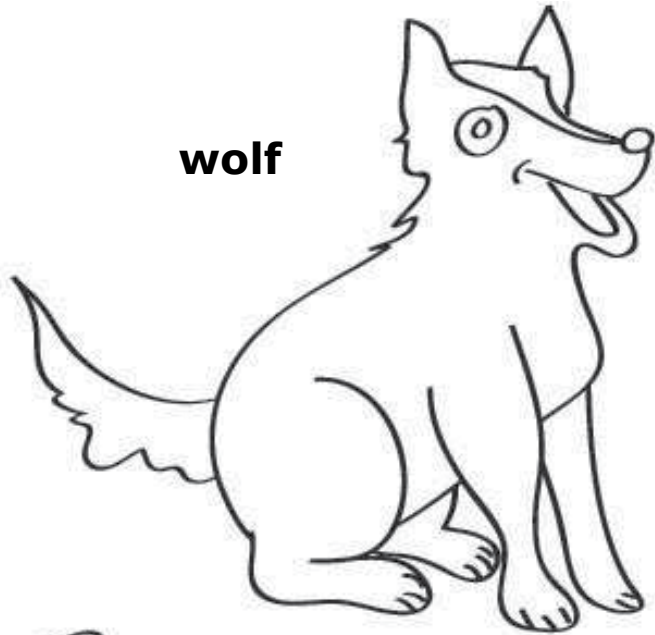
The Letter Ww

Copy this page for every child.

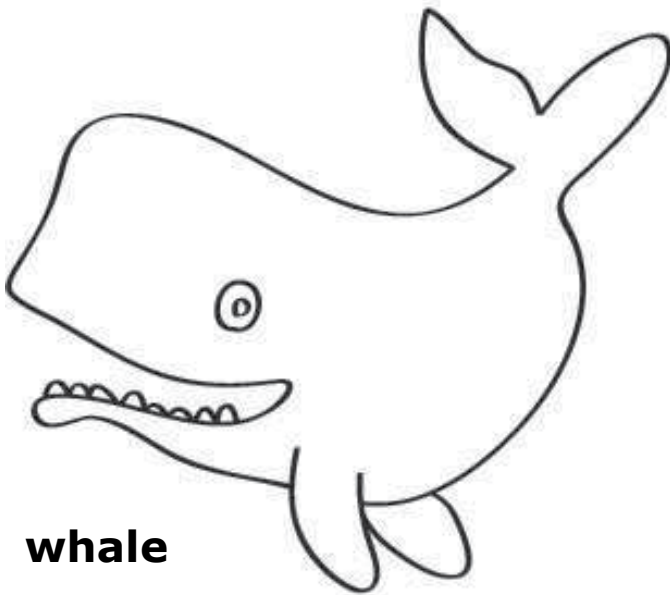
Colour the pictures and learn the words.



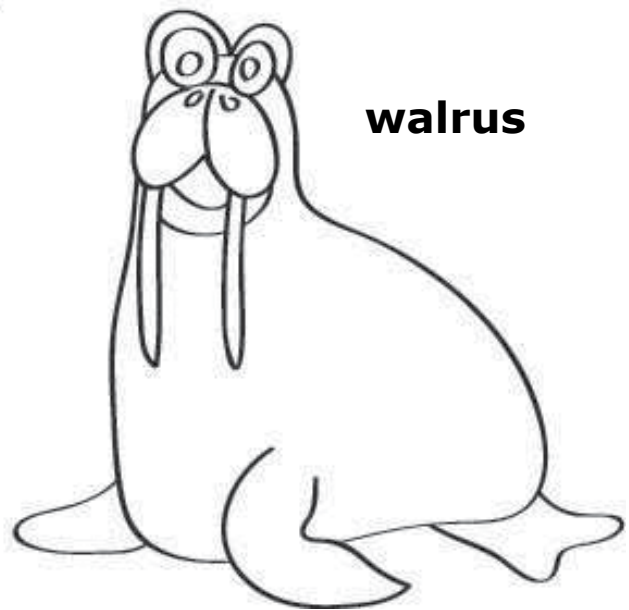
Worm



wolf



whale



walrus

Paper Bag Whale Craft

You will need:

- Paint – (blue or grey tempera, poster or acrylic paints all work well)
- A paper lunch bag for each child
- Shredded newspaper
- Blue construction paper
- An elastic band or masking tape
- Scotch tape
- Glue
- A black marker
- Googly eyes

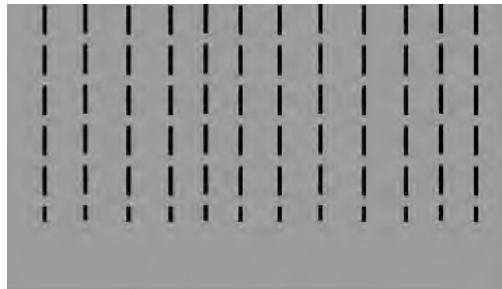


- 1) Stuff the paper bag with shredded newspaper, leaving about three inches unstuffed.
- 2) Scrunch the top together and wrap an elastic band or masking tape around to seal it.
- 3) Paint the paper bag, including the tail, a whale colour (blue or grey, or even black and white for an orca whale).
- 4) While the bag is drying, cut out flipper shapes from blue construction paper.

Story Time Adventures



- 5) Cut a rectangle from the blue construction paper and cut slits in it (see the dotted lines below).



- 6) Roll the piece around a pencil and tape it to make a tube (the spout of the whale).
- 7) Scotch tape or glue the flippers and spout to the paper bag.
- 8) Glue on googly eyes.

Miniature Beaver Dam

Children will enjoy squishing mud and adding sticks to make their very own beaver dam.

You will need:

- A paper plate
- Mud
- Sticks or twigs
- Water
- A shovel or spade



- 1) Gather some twigs and mud (you could do this on a nature walk).
- 2) Give each child a paper plate to hold their beaver dam.
- 3) Build the beaver dam ! Children can layer the sticks and mud, or use a large “glob” of mud with sticks poked into it.
- 4) You may need to use water to moisten the mud part of the way through.



Porcupine Paper Plate Craft

You will need:

- A paper plate (for every two children)
- A black marker
- Brown cardboard, card stock or construction paper
- Scissors or a paper cutter
- Glue
- Brown poster paint (optional)

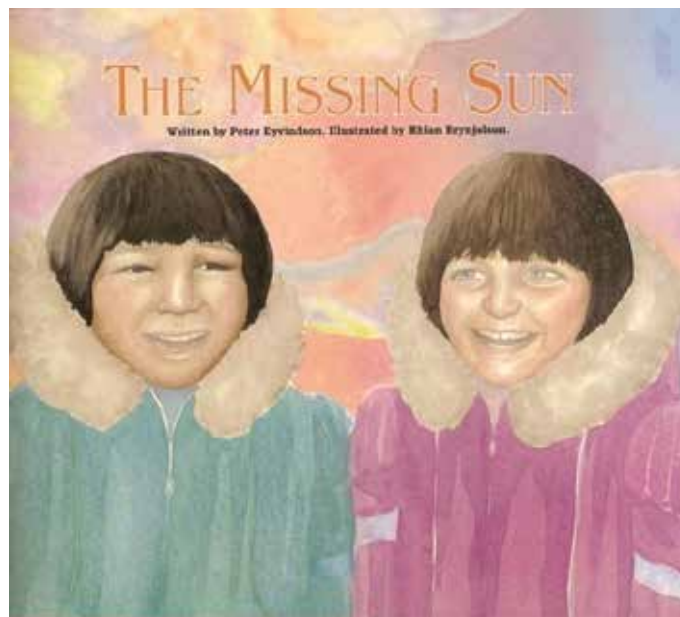


- 1) Cut a regular size paper plate in half and trim off the edge, leaving a little of the curve of the plate.
- 2) Draw a simple face in one corner
- 3) Cut the brown paper into long, thin quills. (An adult may want to do this beforehand, using a paper cutter).
- 4) Glue the quills on using a glue stick.

Story Time Adventures

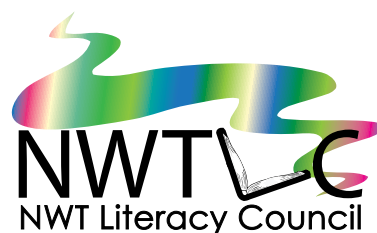
The Missing Sun

by
Peter Eyvindson



The Missing Sun
by Peter Eyvindson

Story Time Adventures Program



Story Time Adventures

Session Plan

1) Begin the session with circle time.

- Sing a good morning song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the following songs and poems.

2) Read the story

3) Snack time

4) Craft time

Story Time Adventures

Sing a Song of Sixty



Sing a song of sixty
A snowflake in your eye
Four and twenty ravens
Baked in a pie



When the pie was opened
The birds flew in the air
What a truly northern dish
To set before the mayor



The mayor was in his office
Counting out his votes
His wife was in the kitchen
Eating boiled oats



The son was in the front yard
Fixing his old sleigh
The ravens grabbed the garbage can
And with it flew away



Story Time Adventures

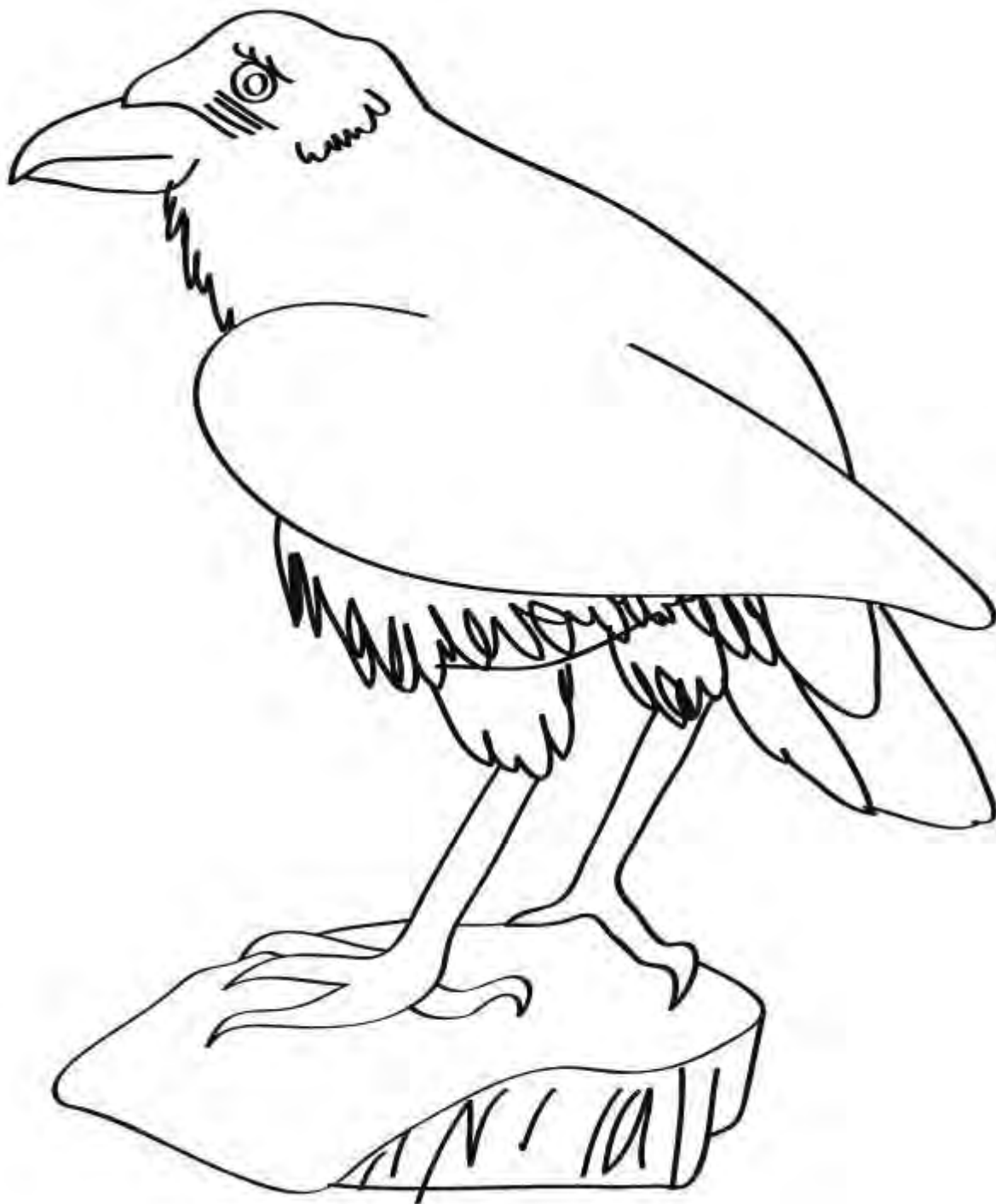
Little Miss Moosehump³

Little Miss Moosehump
Sat on a tree stump
Eating some tea and bannock
But a raven flew near
And cawed in her ear –
Caw! Caw! –
And caused poor Miss Moosehump to panic!

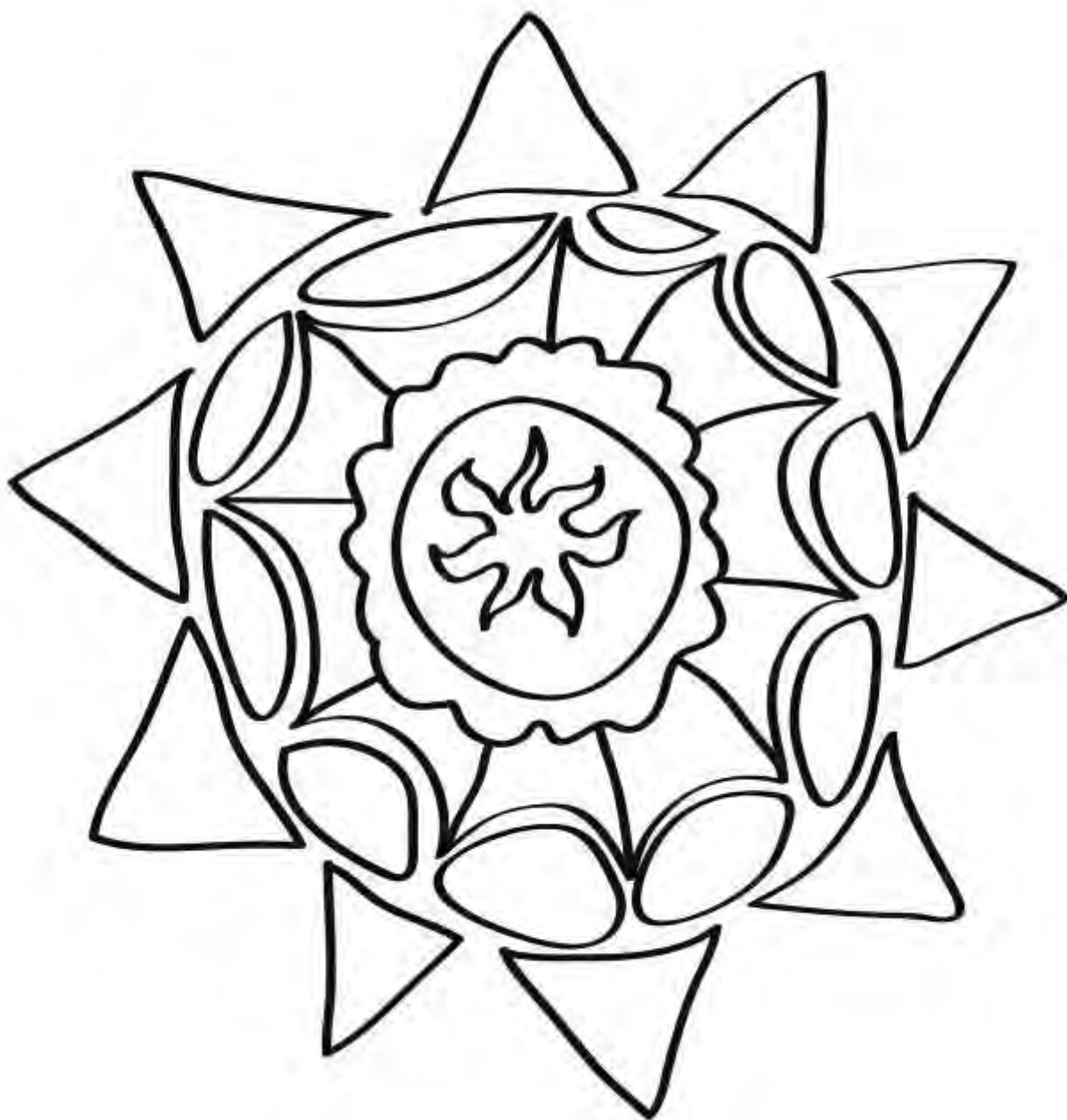


³ From: Redvers, P. *Mother Raven Nursery Rhymes*. Illustrated by Don Harney. 1992. Hay River, NT: Crosscurrent Associate

Colouring Page



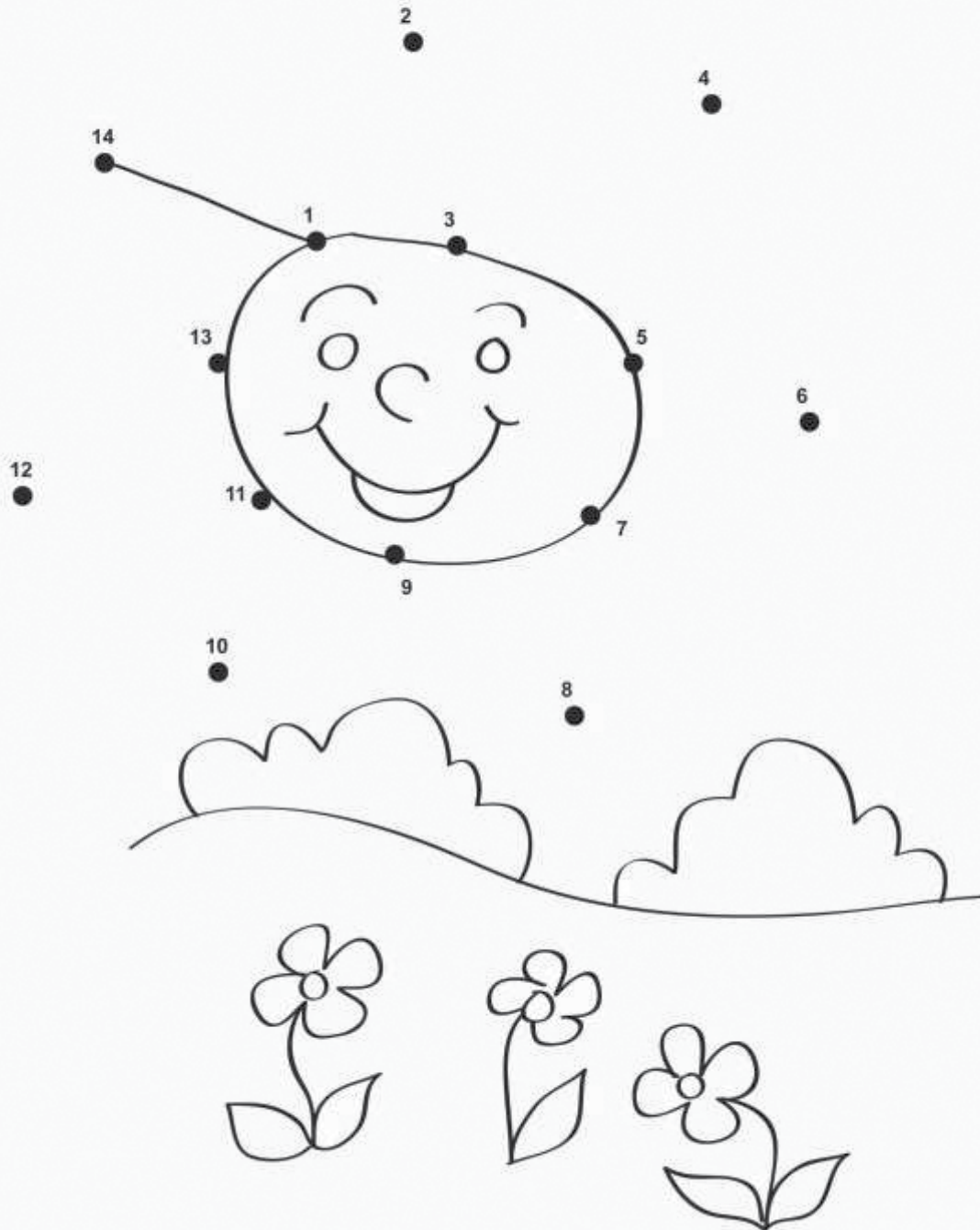
Colouring Page



Colouring Page



Join the Numbers Colouring Page



Story Time Adventures

Raven Craft⁴

You will need:

- Copies of the pattern
- Crayons
- Yellow paper (optional)
- Tape
- Scissors
- A stapler
- Googly eyes

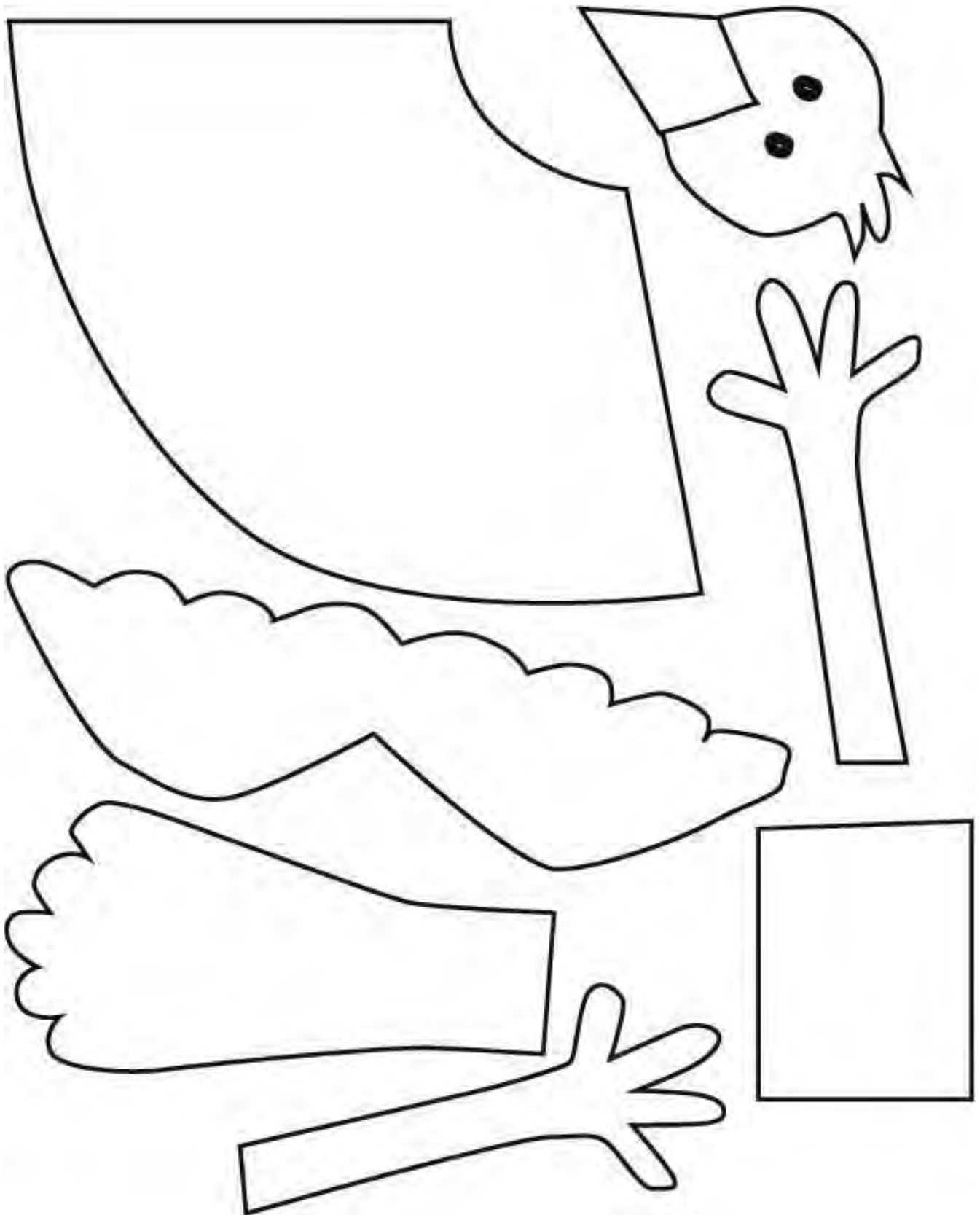


- 1) Make enough copies of the pattern for each child.
- 2) Colour the pieces and cut them out.
- 3) Tape the body piece together to form a cone shape.
- 4) Glue the wings on the back.
- 5) Tape the head to the top front of the cone.
- 6) Glue on the googly eyes if you have them.

⁴ From www.daniellesplace.com

Story Time Adventures

- 7) Tape the tail feather inside the bottom of the cone at the back.
- 8) Fold the legs with an “accordion” fold, finishing so that the feet are pointed upward.
- 9) If you prefer, skip the folding of the legs and instead cut them a little shorter.
- 10) Tape the legs to the body.
- 11) Write your message on the square cut out - “I love you,” “Read for 15,” or any other message you would like to write and then glue or tape the sign into the beak.



Story Time Adventures

Paper Lanterns⁵

Has raven stolen the sun? Light up your winter and make a paper lantern! Make many lanterns of different colours and hang them around your house.



You will need:

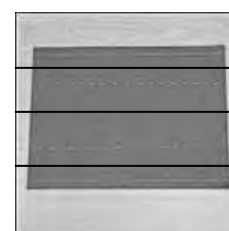
- Scissors
- A pencil
- glue, tape or a stapler
- A ruler
- Coloured construction paper



- 1) Take a rectangular sheet of paper (any size) and cut a 1cm strip off one short side to make a handle. Put the strip aside for later.



- 2) Measure and mark fold lines about ½ inch wide at the top and bottom of the paper as shown in the photo. Add fold lines in the middle, at an equal distance from the edges, as shown.



⁵ From: www.kidsdomain.com/craft/lantern1.html

Story Time Adventures

3) Fold the paper along the fold lines as shown.

4) Cut the paper into strips about 2cms wide on both folded edges. Make sure not to cut through the small folds at the top and bottom of the paper.



5) Open out the paper and roll it along the long edge as shown. Glue, tape or staple the short edges together.



6) Glue, tape or staple the handle you made in Step 1 to the top of the lantern. If you like, you can add tassels, glitter, and other decorations.

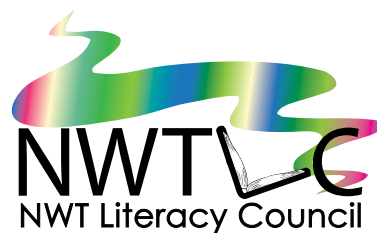


The Paper Bag Princess

by
Robert Munsch



Story Time Adventures Program



Story Time Adventures

Session Plan

1) Begin the session with circle time.

- Sing a good morning song.
- Take requests for favourite songs to sing!
- Try to learn some new songs and rhymes. The *1-2-3 Rhyme with Me* booklet has many suggestions, or you can use the following songs and poems.

2) Read the story

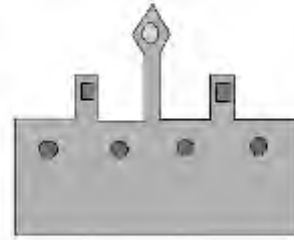
3) Snack time

4) Craft time

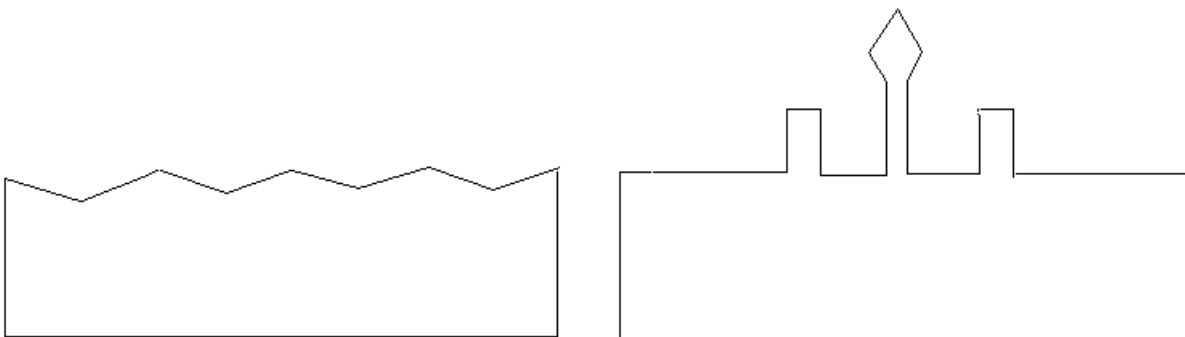
Make a Prince or Princess Crown

You will need:

- 1 sheet of thin cardboard (Not corrugated. An empty cereal box works well)
- A pencil
- Tin foil
- Scotch tape
- Coloured paper
- Decorations: craft jewels, stick-on earrings, pompoms, ribbon, etc.



- 1) Wrap the cardboard around your child's head, making a pencil mark to show what size your crown should be. Cut the cardboard to that length.
- 2) Cut a crown shape out of the cardboard. Here are some examples of what your crown might look like:



Story Time Adventures

- 3) Cover the crown in a layer of tinfoil (an adult will need to help younger children).
- 4) Bend the crown into a circle and tape it at the back.
- 5) Decorate your crown however you like. If you can't find the decorations listed above, cut jewel shapes out of coloured paper instead.



Make a Paper Bag Prince or Princess Costume

This is a very easy costume to make.

You will need:

- A large paper grocery bag
 - Scissors
- 1) Cut a hole in the bottom of the paper bag that is big enough for your child's head.
 - 2) Cut two armholes in the sides.
 - 3) You may want to use scissors to cut a jagged bottom edge, or use crayons to add some scorch marks.



Story Time Adventures

In *The Paper Bag Princess*, the dragon burns 150 forests with his fiery breath. There are many forest fires in the NWT every summer. Here are some interesting facts about forest fires:

- There are about 8,000 forest fires in Canada every year.
- Lightning starts about 45% of all forest fires in Canada. People start the rest.
- 80% of the area burned by forest fires is burned by lightning fires.
- Forest fires are actually good for the forest. They help clear away old trees and open pine cones. Pine cones are full of seeds that grow new pine trees. Without forest fires, new trees would not be able to grow.
- The leading edge of a forest fire can move as fast as 100 metres every minute.



Drawing and Colouring

Elizabeth will have to build a new castle to replace the one the dragon burned down. What will it look like?

Colouring Page



Story Time Adventures

Put the Story in Order

Cut out these strips along the dotted lines. Put them in the order they happened in the story. Then glue them onto a separate piece of paper.



The dragon flies around the world
in just 10 seconds.

Elizabeth puts on a paper bag.



The dragon falls asleep.

Elizabeth and Ronald don't get
married after all.



Elizabeth goes to the dragon's cave.

The dragon burns down
the castle.



The dragon burns up 100 forests
with his fiery breath.

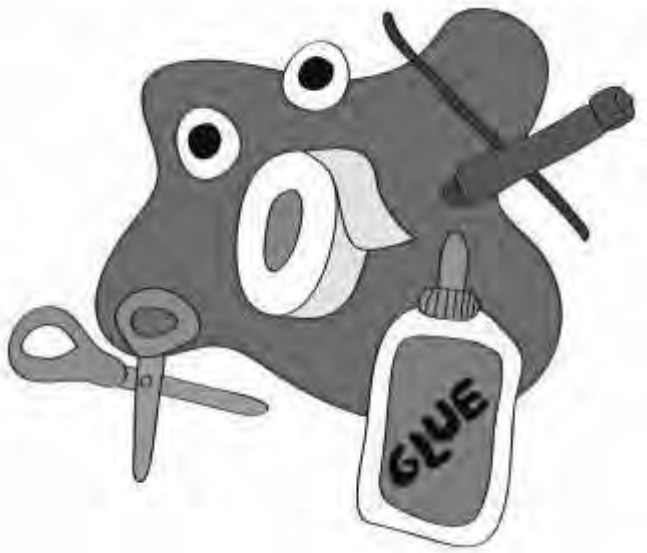
Ronald tells Elizabeth to come back
when she looks like a real princess.



Make Your Own Dragon

You will need:

- 1 cardboard egg carton
- Scissors
- Markers
- A pipe cleaner
- 2 googly eyes
- White glue
- Tape
- Paint (optional)



- 1) Cut the lid off the egg carton (you will not need it for this project).
- 2) Cut the bottom of the egg carton in half the long way, so that you have 2 strips of 6 egg cups. Set one strip aside. This will be the body of your dragon.
- 3) Cut one egg cup out of the second strip. This will be the head.
- 4) Use paint or markers to colour the egg cups.
- 5) Glue the googly eyes in place.
- 6) Using scissors, make a small hole in the bottom of the head. Make another in the body. Attach the head and body together using the pipe cleaner.

Story Time Adventures

- 7) You can decorate your dragon any way you like. Try making spines or a tail out of construction paper. You could even have your dragon breathe fire made out of orange tissue paper.



Story Time Adventures

Paper Bag Puppets

Clothes aren't the only things you can make with a paper bag. Try making a puppet.

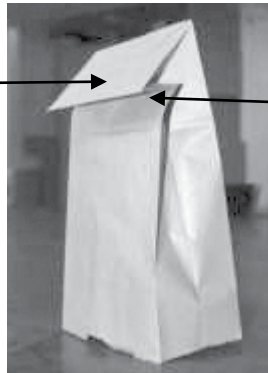
You will need:

- A paper lunch bag
- Markers or crayons
- Decorations (construction paper, googly eyes, fabric scraps, yarn, pom poms...)
- Glue
- Scissors



- 1) Draw a face on the flat bottom of the paper bag. The fold will form the mouth.

Draw the face
here.



This will be the
mouth.

- 2) Add decorations. For example, add yarn for hair or make a tongue out of construction paper. Be creative!

Story Time Adventures

- 3) Stick your hand into the paper bag and make your puppet come to life.

You can try making animal as well as people puppets. Or you could make puppets to represent all the characters in a fairy tale and put on a show.

